Food Services RFP Attachment 3 - Full Cycle Menu

CYCLE 1		Signature on t	file / DN	005738		1-15-2	021		\$
MONDAY	CORP. MA	NAGER FOOD SER	VICE M	ENU SYSTEMS / DU	ETITIAN,	REG-LICENSE NO.	APPRO	VAL DATE	
REGULAR	AR DENTAL SOFT		CLEAR LIQU	ID	VEGETARIAN		DIET FOR HE.	ALTH	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Hot Cereal	1 C	Yes		Clear Fruit Juice	12 oz	Hot Cereal	1 C	Hot Cereal	1 C
Breakfast Sausage	2 oz	Ground	2 oz	FF Broth	8 oz	Scrambled Eggs	3 oz	Breakfast Sausage	2 oz
Hashbrown Potatoes	3/4 C	Steamed Potatoes	3/4 C	Clear Gelatin	12 oz	Hashbrown Potatoes	3/4 C	Hashbrown Potatoes	1/2 C
Biscuit (1/54)	1 Ea	Bread	2 S1	Sugar	3 Pkts	Biscuit (1/54)	1 Ea	Biscuit (1/54)	1 Ea
Margarine	2 tsp	Yes	201	Coffee	8 oz	Margarine	2 tsp	Margarine	1 tsp
2% Milk	8 oz	Yes		Conte	""	2% Milk	8 oz	2% Milk	8 oz
Sugar	4 Pkts	Yes			i	Sugar	4 Pkts	Sugar Substitute	2 Pkts
Coffee	8 oz	Yes			Ì	Coffee	8 oz	Coffee	8 oz
CVIII.		7 - 7							
LUNCH					1				
Charbroiled Patty	4 oz	Ground	4 oz					Charbroiled Patty	4 oz
Sliced Cheese	1/2 oz	Shredded	1/2 oz	Clear Fruit Juice	12 oz	Sliced Cheese	3 1/2 oz	Sliced Cheese	1/2 oz
Ketchup	1 Tbsp	Yes	. 332 0 25	FF Broth	8 oz	Ketchup	1 Tbsp	Ketchup	1 Tbsp
Cottage Fries	3/4 C	Steamed Potatoes	3/4 C	Clear Gelatin	12 oz	Cottage Fries	3/4 C	No	11000
Baked Beans	1 C	Mashed	1 C	Clear Punch	12 oz	Baked Beans	1 C	Pinto Beans	1 C
Seasoned Cabbage	1/2 C	Carrots	1/2 C	Cicai i diicii	12.02	Seasoned Cabbage	1/2 C	Unseasoned Cabbage	1/2 C
Bread	2 S1	Yes	1/20			Bread	2 SI	Bread	2 SI
Iced Cake (1/54)	1 SI	Yes			1	Iced Cake (1/54)	1 SI	Fruit	1/2 C or 1 Ea
Fortified Beverage	8 oz	Yes				Fortified Beverage	8 oz	Fortified Beverage	8 oz
DINNER	<u> </u>				<u> </u>				
								Turkey Ground	3 oz
Spaghetti w/ Meat Sauce	10 oz	Yes			1	Spaghetti w /Meatless Sauce	10 oz	Spaghetti w/ Meat Sauce	8 oz
Mixed Vegetables	1/2 C	Green Beans	1 C	Clear Fruit Juice	12 oz	Mixed Vegetables	1/2 C	Mixed Vegetables	1/2 C
Northern Beans	1 C	Mashed	1 C	FF Broth	8 oz	Northern Beans	1 C	Northern Beans	1 C
Garlic Bread	2 SI	Bread	2 S1	Clear Gelatin	12 oz	Garlic Bread	2 SI	Tossed Salad	1/2 C
Iced Cake (1/54)	1 SI	Yes		Non-Cola Carb Bev	12 oz	Iced Cake (1/54)	1 SI	Diet Salad Dressing	1 Tbsp
Fortified Beverage	8 oz	Yes				Fortified Beverage	8 oz	Fruit	1/2 C or 1 Ea
								Fortified Beverage	8 oz
				MANA NATIONAL CONTRACTOR AND					
	1				<u> </u>			HS Snack	
								Protein	1 oz
GWH								Bread	2 Slices
All fortified beverages are sw						copying of these menus is strictly		Milk:	8 oz

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CYCLE 1		Signature on 1	ile / DN	005738		1-15-2		ZAT TSAUMO	
TUESDAY	CORP. MA			ENU SYSTEMS / DII	TITIAN.	REG-LICENSE NO.	APPROV	AL DATE	4 Y TTT
REGULAR		DENTAL SOF	T	CLEAR LIQU		VEGETARIAN	1	DIET FOR HE	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Hot Cereal Breakfast Sausage Pancakes Syrup Margarine 2% Milk Sugar Coffee	1 C 2 oz 4 WZ 2 oz 2 tsp 8 oz 4 Pkts 8 oz	Yes Ground Yes Yes Yes Yes Yes	2 oz 4 oz	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Hot Cereal Scrambled Eggs Pancakes Syrup Margarine 2% Milk Sugar Coffee	1 C 3 oz 4 WZ 2 oz 2 tsp 8 oz 4 Pkts 8 oz	Hot Cereal Breakfast Sausage Pancakes Diet Syrup Margarine 2% Milk Sugar Substitute Coffee	1 C 2 oz 4 WZ 2 oz 1 tsp 8 oz 2 Pkts 8 oz
LUNCH					<u> </u>		<u> </u>		
Chili con Carne Seasoned Rice Seasoned Carrots Cornbread (1/54) Margarine Cookies Fortified Beverage	10 oz 1 C 1/2 C 1 Sl 2 tsp 2 WZ 8 oz	Yes-Mash Beans Pasta Yes Yes Yes Yes Yes	10 oz 1 C	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Vegetarian Chili Steamed Rice Seasoned Carrots Cornbread (1/54) Margarine Cookies Fortified Beverage	10 oz 1 C 1/2 C 1 Sl 2 tsp 2 WZ 8 oz	Chili con Carne Seasoned Rice Unseasoned Carrots Cornbread (1/54) No Fruit Fortified Beverage	8 oz 1/2 C 1/2 C 1 Sl 1/2 C or 1 Ea 8 oz
DINNER							<u> </u>		
Meatloaf Patty Brown Gravy Oven Brown Potatoes Spinach Tossed Salad Salad Dressing Dinner Roll (20z) Margarine Cookies Fortified Beverage	4 oz 2 oz 1 C 1/2 C 1/2 C 1 Tbsp 1 Ea 2 tsp 2 WZ 8 oz	Ground Yes Steamed Potatoes Green Beans No No Bread Yes Yes Yes	4 02 4 02 1 C 1 C	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 ez 12 oz 12 oz	Grilled Cheese Sandwich Oven Brown Potatoes Spinach Tossed Salad Salad Dressing Dinner Roll (20z) Margarine Cookies Fortified Beverage	1 Ea 1 C 1/2 C 1/2 C 1 Tbsp 1 Ea 2 tsp 2 WZ 8 oz	Meatloaf Patty No Oven Brown Potatoes Spinach Tossed Salad Diet Salad Dressing Dinner Roll (2 oz) No Fruit Fortified Beverage	4 oz 1/2 C 1 C 1/2 C 1 Tbsp 1 Ea 1/2 C or 1 Ea 8 oz
								HS Snac	i k:
GWH All fortified beverages are:	sweetened with	artificial sweetener. All	canned f	ruit must be canned in ju	ice. rwarding o	r copying of these menus is strictly j	prohibited.	Protein Bread Milk:	1 oz 2 Slices 8 oz

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CYCLE 1		Signature on	file / DN	005738		1-15-2	021		9
WEDNESDAY	CORP. MA	ANAGER FOOD SER	VICE M	ENU SYSTEMS / DI	ETITIAN.	REG-LICENSE NO.	APPROV	VAL DATE	
REGULAR		DENTAL SO		CLEAR LIQU		VEGETARIAN		DIET FOR HEA	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Hot Cereal Breakfast Sausage Gravy Cottage Fries Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 8 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Yes Yes Steamed Potatoes Bread Yes Yes Yes	3/4 C 2 SI	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffec	12 oz 8 oz 12 oz 3 Pkts 8 oz	Hot Cereal Breakfast Gravy No Meat Cottage Fries Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 8 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Hot Cereal Turkey Ham Cottage Fries Biscuit (1/54) Margarine 2% Milk Sugar Substitute Coffee	1 C 2 oz 1/2 C 1 Ea 1 tsp 8 oz 2 Pkts 8 oz
LUNCH									
Turkey Hot Dog Hot Dog Bun Mustard Macaroni Salad Seasoned Green Beans Iced Cake (1/54) Fortified Beverage	2 Ea 2 Ea 1 Tbsp 1 C 1/2 C 1 Sl 8 oz	Ground Bread Yes Macaroni Yes Yes Yes	2 SI 1 C	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Macaroni & Cheese Seasoned Green Beans Bread Margarine Iced Cake (1/54) Fortified Beverage	2 C 1/2 C 2 Sl 2 tsp 1 Sl 8 oz	Turkey Hot Dog Macaroni Unseasoned Green Beans Pinto Beans Margarine Mustard Fruit Fortified Beverage	2 Ea 1/2 C 1/2 C 1 C 1 tsp 2 tsp 1/2 C or 1 Es 8 oz
DINNER									
Taco Meat Shredded Cheese Shredded Lettuce Salsa Corn Tortilla 6" Spanish Rice Pinto Beans Pudding Fortified Beverage	4 oz 1 oz 1/2 C 2 Tbsp 2 Ea 1/2 C 1 C 1/2 C 8 oz	Yes Yes Yes Yes Yes Macaroni Mashed Yes Yes	1/2 C 1 C	Clcar Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Pinto Beans Shredded Cheese Shredded Lettuce Salsa Corn Tortilla 6" Spanish Rice Pudding Fortified Beverage	1 1/2 C 1 oz 1/2 C 2 Tbsp 2 Ea 1/2 C 1/2 C 8 oz	Taco Meat Shredded Cheese Shredded Lettuce Salsa Corn Tortilla 6" Spanish Rice Pinto Beans Fruit Fortified Beverage	4 oz 1 oz 1/2 C 2 Tbsp 2 Ea 1/2 C 1 C 1/2 C or 1 Ez 8 oz
				<u> </u>	<u> </u>		<u> </u>	HS Snack	
GWH All fortified beverages are sw These menus are proprietary a	eetened with	artificial sweetener. All olely for the use of GEO	canned fi	ruit must be canned in ju	ice. rwarding o	r copying of these menus is strictly p	prohibited.	Protein Bread Milk:	1 oz 2 Slices 8 oz

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CYCLE 1		Signature on t				1-15-24			
THURSDAY	CORP. M.	ANAGER FOOD SER	VICE M	ENU SYSTEMS / DII		REG-LICENSE NO.	APPRO	/AL DATE	
REGULAR		DENTAL SOF	T	CLEAR LIQU	D	VEGETARIAN		DIET FOR HE	
BREAKFAST	Portion		Portion		Portion		Portion	1	Portion
Hot Cereal Breakfast Sausage Gravy Hashbrown Potatoes Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 8 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Yes Yes Steamed Potatoes Bread Yes Yes Yes Yes	3/4 C 2 SI	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Hot Cercal Breakfast Gravy No Meat Hashbrown Potatoes Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 8 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Hot Cereal Breakfast Sausage Hashbrown Potatoes Biscuit (1/54) Margarine 2% Milk Sugar Substitute Coffee	1 C 2 oz 1/2 C 1 Ea 1 tsp 8 oz 2 Pkts 8 oz
LUNCH					<u> </u>				
Sloppy Joe Baked Beans Carrots Bread Iced Cake (1/54) Fortified Beverage	4 oz 1 C 1/2 C 2 Sl 1 Sl 8 oz	Yes Mashed Yes Yes Yes Yes	1 C	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Cheese Quesadilla Baked Beans Carrots Bread Iced Cakc (1/54) Fortified Beverage	1 Ea 1 C 1/2 C 2 Sl 1 Sl 8 oz	Sloppy Joe Pinto Beans Carrots Tossed Salad Diet Salad Dressing Bread Fruit Fortified Beverage	4 oz 1 C 1 C 1/2 C 1 Tbsp 2 SI 1/2 C or 1 Ea 8 oz
DINNER							<u> </u>		
Breaded Chicken Patty Chicken Gravy Steamed Rice Mixed Vegetables Tossed Salad Salad Dressing Dinner Roll (2 oz) Margarine Cookies Fortified Beverage	4 oz 2 oz 1 C 1/2 C 1/2 C 1 Tbsp 1 Ea 2 tsp 2 WZ 8 oz	Ground Yes Steamed Potatoes Carrots No No Bread Yes Yes Yes	4 oz 4 oz 1 C 1 C	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Pinto Beans Steamed Rice Mixed Vegetables Tossed Salad Salad Dressing Dinner Roll (2 oz) Margarine Cookies Fortified Beverage	1 1/2 C 1 C 1/2 C 1/2 C 1 Tbsp 1 Ea 2 tsp 2 WZ 8 oz	Breaded Chicken Patty No Steamed Rice Mixed Vegetables Tossed Salad Diet Salad Dressing Dinner Roll (2 oz) Margarine Fruit Fortified Beverage	1/2 C 1 C 1/2 C 1 Tbsp 1 Ea 1 tsp 1/2 C or 1 Ea 8 oz
]		<u> </u>				HS Snack	(±
GWH All fortified beverages are sw These menus are proprietary a	ectened with	artificial sweetener. All	canned fi Group Fa	uit must be canned in ju	ice. rwarding o	r copying of these menus is strictly p	rohibited.	Protein Bread Milk:	1 oz 2 Slices 8 oz

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CYCLE 1		Signature on	file / DN	005738		1-15-			- X-
FRIDAY	CORP. MA	NAGER FOOD SER	VICE M	ENU SYSTEMS / DII	ETITIAN/	REG-LICENSE NO.	APPRO	VAL DATE	
REGULAR		DENTAL SOF		CLEAR LIQU	ID	VEGETARIAN		DIET FOR HI	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Hot Cereal Breakfast Sausage French Toast Syrup Margarine 2% Milk Sugar Coffee	1 C 2 oz 2 SI 2 oz 2 tsp 8 oz 4 Pkts 8 oz	Yes Ground Yes Yes Yes Yes Yes	2 oz 4 oz	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Hot Cereal Scrambled Eggs French Toast Syrup Margarine 2% Milk Sugar Coffee	1 C 3 oz 2 Sl 2 oz 2 tsp 8 oz 4 Pkts 8 oz	Hot Cereal Breakfast Sausage Bread Oven Brown Potatoes Margarine 2% Milk Sugar Substitute Coffee Fruit	1 C 2 oz 2 Sl 1/2 C 1 tsp 8 oz 2 Pkts 8 oz 1/2 C or 1 Ea
LUNCH					<u> </u>]		Ground Turkey	4 oz
Chili Mac Casserole Coleslaw Pinto Beans Cornbread (1/54) Margarine Pudding Fortified Beverage	10 oz 1/2 C 1 C 1 SI 2 tsp 1/2 C 8 oz	Yes Carrots Mashed Yes Yes Yes Yes	1 C	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Vegetarian Chili Mac Coleslaw Pinto Beans Cornbread (1/54) Margarine Pudding Fortified Beverage	10 oz 1/2 C 1 C 1 Sl 2 tsp 1/2 C 8 oz	Macaroni Coleslaw Tossed Salad Diet Salad Dressing Bread Margarine Fruit Fortified Beverage	1/2 C 1/2 C 1/2 C 1 Tbsp 2 Sl 1 tsp 1/2 C or 1 Ea 8 oz
DINNER									
Chicken Nuggets Oven Brown Potatoes Spinach Pinto Beans Dinner Roll (2 oz) Margarine Iced Cake (1/54) Fortified Beverage	4 oz 1 C 1/2 C 1 C 1 Ea 2 tsp 1 SI 8 oz	Ground Steamed Potatoes Green Beans Mashed Bread Yes Yes Yes	4 02 1 C 1 C 1 C 2 Sl	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Gilled Cheese Sandwich Oven Brown Potatoes Spinach Pinto Beans Dinner Roll (2 oz) Margarine Iced Cake (1/54) Fortified Beverage	1 Ea 1 C 1/2 C 1 C 1 Ea 2 tsp 1 Sl 8 oz	Unbreaded Chicken Mustard Oven Brown Potatoes Spinach Pinto Beans No Fruit Fortified Beverage	4 oz 1 tsp 1/2 C 1/2 C 1 C 1/2 C or 1 Ea 8 oz
		<u> </u>	<u> </u>					HS Snac	k:
GWH All fortified beverages are:	sweetened with	artificial sweetener. All	canned f	ruit must be canned in [u	ice.	r copying of these menus is strictly	prohibited.	Protein Bread Milk:	1 oz 2 Slices 8 oz

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CLE 1	Signature on file / DN 00573

CYCLE 1 SATURDAY	CORP. MA	ANAGER FOOD SER	VICE M	ENU SYSTEMS / DII		REG-LICENSE NO.	APPRO	VAL DATE		
REGULAR		DENTAL SOI	T	CLEAR LIQU	D	VEGETARIAN		DIET FOR HE		
BREAKFAST	Portion		Portion		Portion		Portion		Portion	
Hot Cercal Scrambled Eggs Hashbrown Potatocs Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 3 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Yes Yes Steamed Potatoes Bread Yes Yes Yes Yes	3/4 C 2 Si	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Hot Cereal Scrambled Eggs Hashbrown Potatoes Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 3 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Hot Cereal Scrambled Eggs Hashbrown Potatoes Bread Margarine 2% Milk Sugar Substitute Coffee	1 C 3 oz 1/2 C 2 Sl 1 tsp 8 oz 2 Pkts 8 oz	
LUNCH							<u> </u>	<u> </u>		
Sliced Turkey Sliced Cheese Bread Mustard Potato Chips Fresh Carrots Tossed Salad Salad Dressing Cookies Fortified Beverage	4 oz 1/2 oz 2 Sl 1 Pkt 1 oz 1/2 C 1/2 C 1 Tbsp 2 WZ 8 oz	Ground Shredded Cheese Yes Yes Steamed Potatoes Cooked Carrots No No Yes Yes	4 oz 1/2 oz 1 C	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Sliced Cheese Bread Mustard Potato Chips Fresh Carrots Tossed Salad Salad Dressing Cookies Fortified Beverage	3 1/2 oz 2 Sl 1 Pkt 1 oz 1/2 C 1/2 C 1 Tbsp 2 WZ 8 oz	Sliced Turkey Three Bean Salad Bread Mustard No Fresh Carrots Tossed Salad Diet Salad Dressing Fruit Fortified Beverage	4 oz 1 C 2 Sl 1 Pkt 1/2 C 1/2 C 1 Tbsp 1/2 C or 1 E 8 oz	
DINNER		1		1		· · · · · · · · · · · · · · · · · · ·	1			
Country Patty Cream Gravy Mashed Potatoes Peas & Carrots Pinto Beans Cornbread (1/54) Margarine Iced Cake (1/54) Fortified Beverage	4 oz 2 oz 1 C 1/2 C 1 C 1 Sl 2 tsp 1 Sl 8 oz	Ground Yes Yes Carrots Mashed Yes Yes Yes	4 oz 4 oz 1 C 1 C	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Spaghetti w/Meatless Sauce Mashed Potatoes Peas & Carrots Pinto Beans Cornbread (1/54) Margarine Iced Cake (1/54) Fortified Beverage	10 oz 1 C 1/2 C 1 C 1 SI 2 tsp 1 SI 8 oz	Country Patty No Mashed Potatoes Peas & Carrots Pinto Beans Tossed Salad Diet Salad Dressing No No Fruit Fortified Beverage HS Snack	4 oz 1/2 C 1/2 C 1 C 1/2 C 1 Tbsp 1/2 C or 1 E 8 oz	
GWH All fortified beverages are swi	ectened with a	artificial sweetener. All	canned fr	uit must be canned in ju	ce.	copying of these menus is strictly t	rohibited.	Protein Bread Milk:	1 oz 2 Slices 8 oz	

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CYCLE 1		Signature on	file / DN	005738		1-15-20			
SUNDAY	CORP. MA	ANAGER FOOD SER	VICE M	ENU SYSTEMS / DIE	TITIAN/	REG-LICENSE NO.	APPROV	AL DATE	TITE
REGULAR		DENTAL SOI	T	CLEAR LIQU		VEGETARIAN		DIET FOR HEA	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Dry Cereal Turkey Ham Cottage Fries Coffee Cake (1/54) Margarine 2% Milk Sugar Coffee	1 C 2 oz 3/4 C 1 Sl 2 tsp 8 oz 4 Pkts 8 oz	Yes Ground Steamed Potatoes Yes Yes Yes Yes	2 oz 3/4 C	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Dry Cereal Scrambled Eggs Cottage Fries Coffee Cake (1/54) Margarine 2% Milk Sugar Coffee	1 C 3 oz 3/4 C 1 Sl 2 tsp 8 oz 4 Pkts 8 oz	Dry Cereal Turkey Ham Cottage Fries Bread Margarine 2% Milk Sugar Substitute Coffee Fruit	1 C 2 oz 1/2 C 2 Sl 1 tsp 8 oz 2 Pkts 8 oz 1/2 C or 1 Ea
LUNCH			<u> </u>		<u> </u>		1 T	Ground Turkey	4 oz
Meat, Mac & Cheese Seasoned Green Beans Tossed Salad Salad Dressing Cornbread (1/54) Margarine Iced Cake (1/54) Fortified Beverage	10 oz 1/2 C 1/2 C 1 Tbsp 1 Sl 2 tsp 1 Sl 8 oz	Yes Yes No No Yes Yes Yes	1 C	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Macaroni & Cheese Seasoned Green Beans Tossed Salad Salad Dressing Cornbread (1/54) Margarine Iced Cake (1/54) Fortified Beverage	10 oz 1/2 C 1/2 C 1 Tbsp 1 Sl 2 tsp 1 Sl 8 oz	Macaroni Unseasoned Green Beans Tossed Salad Diet Salad Dressing Cornbread (1/54) No Fruit Fortified Beverage	1/2 C 1/2 C 1/2 C 1 Tbsp 1 Sl 1/2 C or 1 Ea 8 oz
DINNER		<u> </u>			1				
Pepper Patty Brown Gravy Parsley Rice Seasoned Cabbage Northern Beans Biscuit (1/54) Margarine Cookies Fortified Beverage	4 oz 2 oz 1 C 1/2 C 1 C 1 Ea 2 tsp 2 WZ 8 oz	Ground Yes Pasta Carrots Mashed Bread Yes Yes Yes	4 oz 4 oz 1 C 1 C 2 Sl	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Northern Beans Parsley Rice Seasoned Cabbage Biscuit (1/54) Margarine Cookies Fortified Beverage	1 1/2 C 1 C 1/2 C 1 Ea 2 tsp 2 WZ 8 oz	Pepper Patty No Parsley Rice Unseasoned Cabbage Northern Beans No No Fruit Fortified Beverage	4 oz 1/2 C 1 C 1 C 1/2 C or 1 Ea 8 oz
					<u> </u>			110 Ct	
								HS Snack	l oz
								Protein Progd	2 Slices
GWH All fortified beverages are sy					,			Bread Milk:	8 oz
	4 1-1	A A Control of the A Total of the A	I aaaaaad f	inside amount has command in its	100			E IVESTIC"	10 04



CYCLE 2 Signature on file / DN 005738 1-15-2021

CYCLE 2		Signature of	i me/DN	VU3 (30		1-13-202 Y ECTENION NO.		IT DATE	
MONDAY	CORP. MA	ANAGER FOOD SERV		U SYSTEMS / DIETT	HAN/REG	-LICENSE NO.	APPROVA		PAT TOTAL
REGULAR		DENTAL SOF		CLEAR LIQ		VEGETARIAN		DIET FOR H	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Hot Cereal Breakfast Sausage Gravy Hashbrown Potatoes Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 8 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Yes Yes Steamed Potatoes Bread Yes Yes Yes Yes	3/4 C 2 SI	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Hot Cereal Breakfast Gravy No Meat Hashbrown Potatoes Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 8 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Hot Cereal Breakfast Sausage Hashbrown Potatoes Biscuit (1/54) Fruit 2% Milk Sugar Substitute Coffee	1 C 2 oz 1/2 C 1 Ea 1/2 C or 1 Ea 3 oz 2 Pkts 8 oz
LUNCH									
Bonea					1				
Chicken Patty Cream Gravy Whipped Potatoes Pinto Beans Coleslaw Dinner Roll (2 oz) Margarine Iced Cake (1/54) Fortified Beverage	4 oz 2 oz 1 C 1 C 1/2 C 1 Ea 2 tsp 1 Sl 8 oz	Ground Yes Yes Mashed Green Beans Bread Yes Yes	4 oz 4 oz 1 C 1/2 C 2 Sì	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Grilled Cheese Sandwich Whipped Potatoes Pinto Beans Coleslaw Dinner Roll (2 oz) Margarine Iced Cake (1/54) Fortified Beverage	1 Ea 1 C 1 C 1/2 C 1 Ea 2 tsp 1 SI 8 oz	Chicken Patty No Whipped Potatoes Pinto Beans Cabbage No No Fruit Fortified Beverage	4 oz 1/2 C 1 C 1/2 C 1/2 C or 1 Ea 8 oz
DINNER									
Meatballs Brown Gravy Parsley Noodles Mixed Vegetables Tossed Salad Salad Dressing Biscuit (1/54) Margarine Cookies Fortified Beverage	4 oz 2 oz 1 C 1/2 C 1/2 C 1 Tbsp 1 Ea 2 tsp 2 WZ 8 oz	Ground Yes Yes Carrots No No Bread Yes Yes Yes	4 oz 4 oz 1 C 2 S1	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Cheese Parsley Noodles Mixed Vegetables Tossed Salad Salad Dressing Biscuit (1/54) Margarine Cookies Fortified Beverage	3 oz 1 C 1/2 C 1/2 C 1 Tbsp 1 Ea 2 tsp 2 WZ 8 oz	Meatballs No Parsley Noodles Mixed Vegetables Tossed Salad Diet Salad Dressing Bread No Fruit Fortified Beverage	4 oz 1/2 C 1 C 1/2 C 1 Tbsp 1 Sl 1/2 C or 1 Ea 8 oz
			L		<u> </u>			HS Sna	
GWH All fortified beverages are sw These menus are proprietary a	eetened with	artificial sweetener. All co	anned fruit	must be canned in juice.	rding or cop	ving of these menus is strictly prohib	úted.	Protein Bread Milk:	1 oz 2 Slices 8 oz

-2021	

Bread

Milk:

2 Slices

8 oz

1-15-2021 Signature on file / DN 005738 CYCLE 2 APPROVAL DATE CORP. MANAGER FOOD SERVICE MENU SYSTEMS / DIETITIAN/REG-LICENSE NO. TUESDAY DIET FOR HEALTH VEGETARIAN CLEAR LIQUID DENTAL SOFT REGULAR Portion Portion Portion Portion BREAKFAST Portion 1 C 1 C Dry Cereal Dry Cereal 1 C Yes Dry Cereal Turkey Ham 2 oz 3 oz Clear Fruit Juice 12 oz Scrambled Eggs 2 oz Ground 2 oz Turkey Ham 4 WZ Pancakes 4 WZ 8 oz Pancake FF Broth 4 WZ Yes Pancake 2 oz Diet Syrup 2 oz Clear Gelatin 12 oz Syrup Yes 4 oz 2 oz Syrup Margarine 1 tsp Sugar 3 Pkts Margarine 2 tsp Yes 2 tsp Margarine 2% Milk 8 oz 2% Milk Coffee 8 oz 8 oz 8 oz Yes 2% Milk 2 Pkts 4 Pkts Sugar Substitute Yes Sugar 4 Pkts Sugar Coffee 8 oz Coffee 8 oz Yes Coffee 8 oz LUNCH 1 1/2 C Burrito w/ Bean Mix 8 oz Yes - Mashed Beans 8 oz Pinto Beans 8 oz Burrito w/ Bean Mix Flour Tortilla 6" 2 Ea No 12 oz Flour Tortilla 6" 2 Ea Yes Clear Fruit Juice No 8 oz Hot Sauce 1 oz FF Broth 1 oz Yes **Hot Sauce** 3/4 C Spanish Rice 1/2 C Spanish Rice 3/4 C Clear Gelatin 12 oz Pasta Spanish Rice 3/4 C 1 C Spinach 1/2 C Spinach Clear Punch 12 oz 1 C 1/2 C Carrots Spinach 1/2 C Pudding 1/2 C Tossed Salad Yes 1/2 C Pudding 1 Tbsp Diet Salad Dressing Fortified Beverage 8 oz Yes 8 oz Fortified Beverage 1/2 C or 1 Ea Fruit Fortified Beverage 8 oz DINNER Ziti w/ Meatless Sauce 10 oz Oven Baked Chicken 4 oz 1 Ea Oven Baked Chicken 1 Ea Ground 1 C 12 oz Cheese 3 oz Pinto Beans Clear Fruit Juice Yes 4 oz Chicken Gravy 2 oz 1/2 C 1 C Oven Brown Potatoes FF Broth 8 oz Oven Brown Potatoes 1 C Steamed Potatoes 1 C Oven Brown Potatoes Unseasoned Green Beans 11 C 1/2 C 1/2 C Yes Clear Gelatin 12 oz Seasoned Green Beans Seasoned Green Beans 1 SI Bread 1 Ea 2 SI Non-Cola Carb Bev 12 oz Dinner Roll (2 oz) Dinner Roll (2 oz) 1 Ea Bread Margarine 2 tsp Margarine 1 tsp Yes Margarine 2 tsp 1 Ea Fruit 1/2 C or 1 Ea Iced Cake (1/54) Iced Cake (1/54) 1 Ea Yes 8 oz Fortified Beverage 8 oz Fortified Beverage Yes Fortified Beverage 8 oz HS Snack: Protein 1 oz

All fortified beverages are sweetened with artificial sweetener. All canned fruit must be canned in juice.

These menus are proprietary and intended solely for the use of GEO Group Facilities. Dissemination forwarding or copying of these menus is strictly prohibited.

GWH

1-15-2021	

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CYCLE 2	COPP MA	NAGER FOOD SERV	TCE MEN	USYSTEMS / DIETI	ΓIAN/REG		APPROV	AL DATE	
WEDNESDAY REGULAR		DENTAL SO		CLEAR LIQU	ЛD	VEGETARIA		DIET FOR H	EALTH
BREAKFAST	Portion		Portion		Pertion		Portion		Portion
Hot Cereal Breakfast Sausage Hashbrown Potatocs Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 2 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Yes Ground Steamed Potatoes Bread Yes Yes Yes Yes	2 oz 3/4 C 2 SI	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Hot Cereal Cheese Hashbrown Potatoes Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 3 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Hot Cereal Breakfast Sausage Hashbrown Potatoes Bread No 2% Milk Sugar Substitute Coffee	1 C 2 oz 1/2 C 2 Sl 8 oz 2 Pkts 8 oz
LUNCH			<u> </u>						
Country Stew Steamed Rice Seasoned Cabbage Cornbread (1/54) Margarine Iced Cake (1/54) Fortified Beverage	10 oz 3/4 C 1/2 C 1 Sl 2 tsp 1 Sl 8 oz	Ground Pasta Green Beans Yes Yes Yes Yes	3/4 C 1/2 C	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 ez 8 oz 12 oz 12 oz	Northern Beans Steamed Rice Seasoned Cabbage Cornbread (1/54) Margarine Iced Cake (1/54) Fortified Beverage	1 1/2 C 3/4 C 1/2 C 1 SI 2 tsp 1 SI 8 oz	Country Stew Steamed Rice Unseasoned Cabbage Bread No Fruit Fortified Beverage	10 oz 1/2 C 1 C 2 Sl 1/2 C or 1 Ea 8 oz
DINNER									
Polish Sausage Mashed Potatoes Seasoned Carrots Pinto Beans Cornbread (1/54) Margarine Pudding Fortified Beverage	4 oz 1 C 1/2 C 1 C 1 Sl 2 tsp 1/2 C 8 oz	Ground Yes Yes Mashed Yes Yes Yes	4 oz	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Cheese Quesadilla Mashed Potatoes Seasoned Carrots Pinto Beans Cornbread (1/54) Margarine Pudding Fortified Beverage	1 Ea 1 C 1/2 C 1 C 1 Sl 2 tsp 1/2 C 8 oz	Polish Sausage Mashed Potatoes Unscasoned Carrots Pinto Beans Bread No Fruit Fortified Beverage	3 oz 1/2 C 1 C 1 C 2 S1 1/2 C or 1 Ez 8 oz
								HS Snac	· ·
GWH All fortified beverages are	cayeetened with	artificial sweetener All o	anned finit	must be canned in inice				Protein Bread Milk:	1 oz 2 Slices 8 oz
TYP TOTHILLING DEACTAGES WE	STOCKLED WILL	allingial sweeteng. An earliefy for the use of GEO G	annou nun	oo carreer in juleo.					

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CYCLE 2	CODD MAN	ACER FOOD SERV	ICE MEN	U SYSTEMS / DIETI:	IAN/REG	-LICENSE NO.	APPROVA	AL DATE	
THURSDAY REGULAR	CORP. MIAIN	DENTAL SO		CLEAR LIQU	ID	VEGETARIAN		DIET FOR HE	ALTH
	Postion	DENTALISO	Portion	<u> </u>	Portion		Portion		Portion
BREAKFAST Hot Cereal Breakfast Sausage Pancakes Syrup Margarine 2% Milk Sugar Coffee	Portion 1 C 2 oz 4 WZ 2 oz 2 tsp 8 oz 4 Pkts 8 oz	Yes Ground Yes Yes Yes Yes Yes	2 oz 4 oz	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Hot Cereal Scrambled Eggs Pancakes Syrup Margarine 2% Milk Sugar Coffee	1 C 3 oz 4 WZ 2 oz 2 tsp 8 oz 4 Pkts 8 oz	Hot Cereal Breakfast Sausage Pancakes Diet Syrup Margarine 2% Milk Sugar Substitute Coffee	1 C 2 oz 4 WZ 2 oz 1 tsp 8 oz 2 Pkts 8 oz
LUNCH									
Turkey Hot Dog Hot Dog Bun Mustard Baked Beans Coleslaw Cookies Fortified Beverage	2 Ea 2 Ea 1 Tbsp 1 C 1/2 C 2 WZ 8 oz	Ground Bread Yes Mashed Carrots Yes Yes	2 Sl 1 C 1/2 C	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Macaroni & Checse Baked Beans Bread Coleslaw Cookies Margarine Fortified Beverage	2 C 1 C 2 Sl 1/2 C 2 WZ 2 tsp 8 oz	Turkey Hot Dog Mustard Pinto Beans Macaroni Coleslaw Fruit Fortified Beverage	2 Ea 2 tsp 1 C 1/2 C 1/2 C 1/2 C or 1 Ea 8 oz
DINNER									
Breaded Chicken Patty Chicken Gravy Red Beans & Rice Green Beans Bread Margarine Cookies Fortified Beverage	4 oz 2 oz 1 C 1/2 C 2 Sl 2 tsp 2 WZ 8 oz	Ground Yes Macaroni Yes Yes Yes Yes Yes Yes	4 oz 4 oz 1 C	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Red Beans Steamed Rice Green Beans Bread Margarine Cookies Fortified Beverage	1 1/2 C 1 C 1/2 C 2 Sl 2 tsp 2 WZ 8 oz	Breaded Chicken Patty No Red Beans Steamed Rice Green Beans No Fruit Fortified Beverage	4 oz 1 C 1/2 C 1/2 C 1/2 C or 1 Ez 8 oz
							<u> </u>	HS Snack	: 1 oz
GWH All fortified beverages are s	weetened with art	tificial sweetener. All	canned fruit	must be canned in juice.	*	ving of these menus is strictly prohib	itad	Bread Milk:	2 Slices 8 oz

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8 oz

Milk:

1-15-2021 Signature on file / DN 005738 CYCLE 2 APPROVAL DATE CORP. MANAGER FOOD SERVICE MENU SYSTEMS / DIETITIAN/REG-LICENSE NO. FRIDAY DIET FOR HEALTH VEGETARIAN CLEAR LIQUID REGULAR DENTAL SOFT Portion **Portion** Portion Portion **Portion** BREAKFAST 1 C Hot Cereal 1 C Hot Cereal Hot Cereal 1 C Yes 3 oz Scrambled Eggs 3 oz Clear Fruit Juice 12 oz Scrambled Eggs Yes Scrambled Eggs 3 oz 1/2 C FF Broth 8 oz Hashbrown Potatoes 3/4 C Hashbrown Potatoes 3/4 C Hashbrown Potatoes 3/4 C Steamed Potatoes 1 Ea Biscuit (1/54) 1 Ea 2 SI Clear Gelatin 12 oz Biscuit (1/54) Bread Biscuit (1/54) 1 Ea 3 Pkts Margarine 2 tsp No Sugar Yes Margarine 2 tsp 2% Milk 8 oz 2% Milk Coffee 8 oz 8 oz 2% Milk 8 oz Yes 4 Pkts Sugar Substitute 2 Pkts Sugar Sugar 4 Pkts Yes 8 oz Coffee 8 oz Coffee Coffee 8 oz Yes LUNCH 10 oz Chili con Carne 8 oz Vegetarian Chili Ground 10 oz Chili con Carne 10 oz 1/2 C Steamed Rice 12 oz Steamed Rice 1 C 1 C Pasta 1 C Clear Fruit Juice Seasoned Rice 1/2 C Unseasoned Cabbage 1 C FF Broth 8 oz Seasoned Cabbage Green Beans 1/2 C Seasoned Cabbage 1/2 C 1 SI Bread 2 SI Clear Gelatin 12 oz Cornbread (1/54) Yes Cornbread (1/54) 1.51 No 12 oz Margarine 2 tsp Clear Punch Yes 2 tsp Margarine 1/2 C or 1 Ea 2 WZ Fruit Cookies 2 WZ Yes Cookies Fortified Beverage 8 oz 8 oz Fortified Beverage 8 oz Yes Fortified Beverage DINNER 4 oz Grilled Cheese Sandwich 1 Ea Baked Turkey Ground 4 02 Baked Turkey Ham 4 oz 1/2 C 1 € Mashed Potatoes Clear Fruit Juice 12 oz Mashed Potatoes 1 C Yes Mashed Potatoes 1/2 C Unseasoned Carrots 1 C 1 C FF Broth 8 oz Seasoned Carrots Seasoned Carrots 1/2 C Yes 1/2 C Pinto Beans 1 C Clear Gelatin 12 oz Tossed Salad 1/2 C No Tossed Salad 1/2 C 1 Tbsp Tossed Salad Non-Cola Carb Bev 12 oz Dressing 1 Tbsp No Dressing Diet Salad Dressing 1 Tbsp Dinner Roll (2 oz) 1 Ea 2 SI 1 Ea Bread Dinner Roll (2 oz) 2 tsp No Margarine 2 tsp Yes Margarine 1 SI Fruit 1/2 C or 1 Ea Iced Cake (1/54) Yes Iced Cake (1/54) 1 SI 8 oz Fortified Beverage 8 oz Fortified Beverage Fortified Beverage 8 oz Yes HS Snack: Protein 1 oz Bread 2 Slices GWH

These menus are proprietary and intended solely for the use of GEO Group Facilities. Dissemination forwarding or copying of these menus is strictly prohibited.

All fortified beverages are sweetened with artificial sweetener. All canned fruit must be canned in juice.

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CYCLE 2		Signature or				1-15-202			·K
SATURDAY	CORP. MA	NAGER FOOD SERVI	CE MEN	U SYSTEMS / DIETT	TIAN/REG	-LICENSE NO.	APPROVA		
REGULAR		DENTAL SOF	T	CLEAR LIQU	-	VEGETARIAN		DIET FOR HEAL	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
				1			1 C	Hot Cercal	1 C
Hot Cereal	1 C	Yes	_			Hot Cereal	1	Breakfast Sausage	2 oz
Breakfast Sausage	2 oz	Ground	2 oz	Clear Fruit Juice	12 oz	Scrambled Eggs	3 oz		1/2 C
Cottage Fries	3/4 C	Steamed Potatoes	3/4 C	FF Broth	8 oz	Cottage Fries	3/4 C	Cottage Fries	2 SI
Coffeecake (1/54)	1 SI	Yes		Clear Gelatin	12 oz	Coffeecake (1/54)	1 Sl	Bread	1
Margarine	2 tsp	Yes		Sugar	3 Pkts	Margarine	2 tsp	Margarine	1 tsp
2% Milk	8 oz	Yes		Coffee	8 oz	2% Milk	8 oz	2% Milk	8 oz
Sugar	4 Pkts	Yes				Sugar	4 Pkts	Sugar Substitute	2 Pkts
Coffee	8 oz	Yes			1	Coffee	8 oz	Coffee	8 oz
							A.	Fruit	1/2 C or 1 Ea
LUNCH				<u> </u>		1	1		
Turkey Bologna	4 oz	Ground	4 oz					Turkey Sliced	4 oz
Sliced Cheese	1/2 oz	Shredded Cheese	1/2 oz	Clear Fruit Juice	12 oz	Sliced Cheese	3 1/2 oz	No	
Bread	2 SI	Yes		FF Broth	8 oz	Bread	2 SI	Bread	2 SI
Mustard	1 Pkt	Yes		Clear Gelatin	12 oz	Mustard	1 Pkt	Mustard	1 Pkt
1	1 oz	Steamed Potatoes	1/2 C	Clear Punch	12 oz	Potato Chips	1 oz	Pasta	1/2 C
Potato Chips	1/2 C	Green Beans	1 C	Cital I and		Tossed Salad	1/2 C	Tossed Salad	1/2 C
Tossed Salad		No	10			Salad Dressing	1 Tbsp	Diet Salad Dressing	1 Tbsp
Salad Dressing	1 Tbsp 1/2 C	No				Fresh Sweet Peppers	1/2 C	Fresh Sweet Peppers	1 C
Fresh Sweet Peppers	2 WZ	Yes				Cookies	2 WZ	Fruit	1/2 C or 1 Ea
Cookies	1	· ·				Fortified Beverage	8 oz	Fortified Beverage	8 oz
Fortified Beverage	8 oz	Yes				roi inieu beverage	1002	Portined Develage	0 02
DINNER									
		Steamed Potatoes	1 C				1.170	C 1 T	1
Meat & Spanish Rice	12 oz	Ground Turkey	4 oz			Pinto Beans	1 1/2 C	Ground Turkey	4 oz
Spinach	1/2 C	Carrots	1 C	Clear Fruit Juice	12 oz	Spanish Rice	1 C	Spanish Rice	1/2 C
Pinto Beans	1 C	Mashed	1 C	FF Broth	8 oz	Spinach	1/2 C	Spinach	1 C
Dinner Roll (2 oz)	1 Ea	Bread	2 SI	Clear Gelatin	12 oz	Dinner Roll (2 oz)	1 Ea	Pinto Beans	1 C
Margarine	2 tsp	Yes		Non-Cola Carb Bev	12 oz	Margarine	2 tsp	Tossed Salad	1/2 C
Pudding	1/2 C	Yes				Pudding	1/2 C	Diet Salad Dressing	1 Tbsp
Fortified Beverage	8 oz	Yes				Fortified Beverage	8 oz	Margarine	1 tsp
								Fruit	1/2 C or 1 E
							D. Communication of the Commun	Fortified Beverage	8 oz
								HS Snack:	la .
								Protein	1 oz
GWH								Bread	2 Slices
All fortified beverages are	sweetened with a	artificial sweetener. All ca	nned fruit:	must be canned in juice.				Mîlk:	8 oz
These menus are proprietar	y and intended so	lely for the use of GEO Gr	oup Facilit	ies. Dissemination forwa	ding or cop	ving of these menus is strictly prohibi	ted.		

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CYCLE 2		Signature or				1-15-202			ab.
SUNDAY	CORP. MA	NAGER FOOD SERVI	ICE MEN	U SYSTEMS / DIETI	TIAN/REG	-LICENSE NO.	APPROVA		
REGULAR					JID OIL	VEGETARIAN		DIET FOR HEALTH	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Dry Cereal Turkey Ham Cottage Fries Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 2 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Yes Ground Steamed Potatoes Bread Yes Yes Yes Yes	2 oz 3/4 C 2 Sl	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Dry Cereal Cheese Cottage Fries Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 3 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Dry Cereal Turkey Ham Cottage Fries Biscuit (1/54) Margarine 2% Milk Sugar Substitute Coffee Fruit	1 C 2 oz 1/2 C 1 Ea 1 tsp 8 oz 2 Pkts 8 oz 1/2 C or 1 Ea
LUNCH					T			Ground Turkey	3 oz
Spaghetti w/ Meat Sauce Seasoned Carrots Pinto Beans Garlic Bread Iced Cake (1/54) Fortified Beverage	10 oz 1/2 C 1 C 2 Si 1 Si 8 oz	Ycs Yes Mashed Bread Yes Yes Margarîne	10 oz 1 C 1 C 2 Sl	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Spaghetti w/ Meatless Sauce Seasoned Carrots Pinto Beans Garlic Bread Iced Cake (1/54) Fortified Beverage	10 oz 1/2 C 1 C 2 Sl 1 Sl 8 oz	Spaghetti w/ Meat Sauce Unseasoned Carrots Pinto Beans Tossed Salad Diet Salad Dressing Bread Fruit Fortified Beverage	8 oz 1 C 1 C 1/2 C 1 Tbsp 2 Si 1/2 C or 1 Ea 8 oz
DINNER									
Country Patty Brown Gravy Macaroni and Cheese Steamed Cabbage Biscuit (1/54) Margarine Cookies Fortified Beverage	4 oz 2 oz 1 C 1/2 C 1 Ea 2 tsp 2 Ea 8 oz	Ground Yes Yes Green Beans Bread Yes Yes Yes	4 oz 4 oz 1/2 C 2 Sl	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Macaroni and Cheese Pinto Beans Steamed Cabbage Biscuit (1/54) Margarine Cookies Fortified Beverage	2 C 1 C 1/2 C 1 Ea 2 tsp 2 Ea 8 oz	Chicken Patty No Macaroni Steamed Cabbage Biscuit (1/54) Margarine Fruit Fortified Beverage	4 oz 1/2 C 1 C 1 Ea 1 tsp 1/2 C or 1 Ea 8 oz
								HS Snack	: 1 oz
GWH All fortified beverages are sv	weetened with	artificial sweetener. All ca	anned fruit	must be canned in juice.		ing of these menus is strictly prohib		Bread Milk:	2 Slices 8 oz

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CYCLE 3	Signature on file / DN 005738	1-15-2021	
MONDAY	CORP. MANAGER FOOD SERVICE MENU SYSTEMS / DIETITIAN/REG-LICENSE NO.	APPROVAL	DATE
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MONDAY	CORP. MA	NAGER FOOD SERV			TITIAN/RI	EG-LICENSE NO.	APPRO	VAL DATE	
REGULAR	<u> </u>	DENTAL SOF		CLEAR LIQU		VEGETARIAN		DIET FOR H	EALTH
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Hot Cereal Breakfast Sausage Gravy Cottage Fries Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 8 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Yes Yes Steamed Potatoes Bread Yes Yes Yes Yes	3/4 C 2 SI	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Hot Cereal Breakfast Gravy No Meat Cottage Fries Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 8 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Hot Cereal Breakfast Sausage Cottage Fries Biscuit (1/54) Margarine 2% Milk Sugar Substitute Coffee Fruit	1 C 2 oz 1/2 C 1 Ea 1 tsp 8 oz 2 Pkts 8 oz 1/2 C or 1 Ea
LUNCH			1]	1				
Country Stew Rice Steamed Broccoli Tossed Salad Salad Dressing Dinner Roll (2 oz) Margarine Iced Cake (1/54) Fortified Beverage	10 oz 1 C 1/2 C 1/2 C 1 Tbsp 1 Ea 2 tsp 1 Sl 8 oz	Ground Noodles Carrots No No Bread Yes Yes	10 oz 1 C 1 C	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Cheese Rice Steamed Broccoli Tossed Salad Salad Dressing Dinner Roll (2 oz) Margarine Iced Cake (1/54) Fortified Beverage	3 oz 1 C 1/2 C 1/2 C 1 Tbsp 1 Ea 2 tsp 1 Sl 8 oz	Country Stew Rice Steamed Broccoli Tossed Salad Dict Salad Dressing Dinner Rol! (2 oz) Margarine Fruit Fortified Beverage	10 oz 1/2 C 1 C 1/2 C 1 Tbsp 1 Ea 1 tsp 1/2 C or 1 Ea 8 oz
DINNER			<u> </u>	т	1		1		
Baked Turkey Ham Noodles O'Brien Green Beans Cornbread (1/54) Margarine Pudding Fortified Beverage	4 oz 1 C 1/2 C 1 Ea 2 tsp 1/2 C 8 oz	Ground Yes Yes Yes Yes Yes	4 oz	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Pinto Beans Noodles O'Brien Green Beans Cornbread (1/54) Margarine Pudding Fortified Beverage	1 1/2 C 1 C 1/2 C 1 En 2 tsp 1/2 C 8 oz	Baked Turkey Noodles O'Brien Green Beans Bread Margarine Fruit Fortified Beverage	4 oz 1/2 C 1 C 2 Sl 1 tsp 1/2 C or 1 Ea 8 oz
								HS Sna	nek:
GWH All fortified beverages are so These menus are proprietary	weetened with	artificial sweetener. All c	anned fr	uit must be canned in jui	ce.			Protein Bread Milk:	1 oz 2 Slices 8 oz

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1-15-2021

TUESDAY REGULAR BREAKFAST Portion Hot Cereal 1 C Yes Turkey Ham	Portio 1 C 3 oz 4 WZ 2 oz 2 tsp 8 oz 4 Pkts 8 oz Chili 10 oz	Hot Cereal Turkey Ham Pancake Diet Syrup Margarine 2% Milk Sugar Substitute Coffee	I C 2 oz 4 WZ 2 oz 1 tsp 8 oz 2 Pkts 8 oz
BREAKFAST Portion Portion Portion Hot Cereal Turkey Ham 1 oz Ground 2 oz Clear Fruit Juice 12 oz Scrambled FF Broth 8 oz Pancake Syrup 2 oz Yes 4 oz Clear Gelatin 12 oz Syrup Margarine 2 tsp Yes Sugar 3 Pkts Margarine 2% Milk 8 oz Yes Coffec 8 oz Coffec 8 oz Yes Coffec 8 oz Coffec 8 oz Yes Coffec 8 oz Coffec 8 oz Yes Yes Coffec 8 oz Yes Yes Coffec 8 oz Yes Fortified Beverage 8 oz Yes Fortified Beverage 8 oz Yes Fortified Beverage Fortified Beverage Fortified Beverage Fortified Box Fort	Portion	Hot Cereal Turkey Ham Pancake Diet Syrup Margarine 2% Milk Sugar Substitute Coffee	Portion I C 2 oz 4 WZ 2 oz 1 tsp 8 oz 2 Pkts
Hot Cereal 1 C Yes I 1 oz Ground 2 oz Clear Fruit Juice FF Broth 8 oz Pancake Syrup 2 oz Yes 4 oz Clear Gelatin 12 oz Syrup Margarine 2 tsp Yes Sugar Coffee 8 oz Yes Coffee 8 oz Yes 10 oz Yes Coffee 10 oz Sugar 3 Pkts Margarine 2 % Milk Sugar Coffee 8 oz Yes 10 oz Yes Coffee 10 oz Seasoned Rice 1 C Pasta 1 C Seasoned Cabbage 1/2 C Carrots 1/2 C Clear Fruit Juice 12 oz Syrup Coffee 10 oz Sugar Coffee 11 oz Sugar Coffee 11 oz Clear Fruit Juice 12 oz Steamed Rice 1 oz Clear Fruit Juice 12 oz Steamed Rice 10 oz Sugar Coffee 11 oz Sugar Coffee 12 oz Sugar Coffee 11 oz Sugar Coffee	Eggs 3 oz 4 WZ 2 oz 2 tsp 8 oz 4 Pkts 8 oz Chili 10 oz	Hot Cereal Turkey Ham Pancake Diet Syrup Margarine 2% Milk Sugar Substitute Coffee	I C 2 oz 4 WZ 2 oz 1 tsp 8 oz 2 Pkts
Turkey Ham Turkey Ham Turkey Ham I oz Ground Yes Syrup Augarine 2 tsp Yes Wilk Sugar Coffee Coffe	Eggs 3 oz 4 WZ 2 oz 2 tsp 8 oz 4 Pkts 8 oz Chili 10 oz	Turkey Ham Pancake Diet Syrup Margarine 2% Milk Sugar Substitute Coffee	2 oz 4 WZ 2 oz 1 tsp 8 oz 2 Pkts
Turkey Ham Turkey Ham Pancake 4 WZ Yes Syrup 2 oz Yes Yes Yes Wargarine 2 tsp Yes Yes Walk Sugar Coffee LUNCH Chili con Carne Seasoned Rice Seasoned Cabbage 1/2 C Cornbread (1/54) Margarine 2 tsp Yes Sugar Coffee Cookies Pancake Yes Yes Yes Colear Fruit Juice FF Broth Sugar Coffee Soz Syrup Margarine Sugar Coffee Soz Yes Coffee Clear Fruit Juice FF Broth Sugar Coffee Sugar Coffee Vegetarian Cheese Seasoned Cabbage 1/2 C Carrots 1/2 C Clear Fruit Juice 12 oz Scrambled Pancake Syrup Margarine Coffee Vegetarian Cheese Seasoned C Clear Fruit Juice 12 oz Scrambled FF Broth Sugar Coffee Vegetarian Cheese Seasoned C Clear Fruit Juice 12 oz Steamed R Cheese Clear Gelatin Cheese Seasoned C Clear Fruit Juice 12 oz Steamed R Cheese Clear Gelatin Cheese Seasoned C Clear Fruit Juice 12 oz Steamed R Cheese Seasoned C Clear Gelatin Cheese Seasoned C Clear Fruit Juice 12 oz Steamed R Cheese Seasoned C Clear Fruit Juice 12 oz Steamed R Cheese Seasoned C Clear Fruit Juice 12 oz Steamed R Cheese Seasoned C Clear Fruit Juice 12 oz Steamed R Cheese Seasoned C Clear Fruit Juice 12 oz Steamed R Cheese Seasoned C Clear Fruit Juice 12 oz Steamed R Cheese Seasoned C Clear Fruit Juice 12 oz Steamed R Cheese Seasoned C Clear Fruit Juice 12 oz Steamed R Cheese Seasoned C Clear Fruit Juice Cheese Seasoned C Clear Fruit Juice II oz Suz Suz Suz Suz Suz Suz Suz S	Eggs 3 oz 4 WZ 2 oz 2 tsp 8 oz 4 Pkts 8 oz Chili 10 oz	Pancake Diet Syrup Margarine 2% Milk Sugar Substitute Coffee	4 WZ 2 oz 1 tsp 8 oz 2 Pkts
Pancake Syrup 2 oz Yes Yes Wargarine 2 tsp Yes Yes Wilk Sugar Coffee LUNCH Chili con Carne Seasoned Rice Seasoned Cabbage Cornbread (1/54) Margarine 2 tsp Yes Seasoned Cornbread (1/54) Margarine 2 tsp Yes Seasoned Rice Seasoned Cornbread (1/54) Margarine Cookies Fortified Beverage Sugar Sugar Coffec FF Broth Sugar Coffec Coffec Sugar Coffec Coffec Sugar Coffec Coffec Vegetarian Cheese Steamed R Sugar Coffec Coffec Coffec Clear Fruit Juice 12 oz Steamed R Sugar Coffec Sugar Coffec Coffec Clear Fruit Juice 12 oz Steamed R Sugar Coffec Clear Fruit Juice 12 oz Steamed R Colear Gelatin 12 oz Cornbread Clear Punch Clear Punch Cookies Fortified Beverage	4 WZ 2 oz 2 tsp 8 oz 4 Pkts 8 oz Chili 10 oz	Pancake Diet Syrup Margarine 2% Milk Sugar Substitute Coffee	2 oz 1 tsp 8 oz 2 Pkts
Syrup Margarine 2 tsp Margarine 2 tsp Yes Wilk Sugar Coffee Sugar Coffee Sugar Coffee Sugar Coffee Coff	2 oz 2 tsp 8 oz 4 Pkts 8 oz Chili 10 oz	Diet Syrup Margarine 2% Mīlk Sugar Substitute Coffee	1 tsp 8 oz 2 Pkts
Margarine 2 tsp Yes Sugar 3 Pkts Margarine 2% Milk 8 oz Yes Coffee 8 oz Yes Coffee 8 oz Yes Sugar Coffee Seasoned Rice 1 C Pasta 1 C Seasoned Cabbage 1/2 C Carrots 1/2 C FF Broth 8 oz Seasoned Cornbread (1/54) 1 Sl Yes Margarine 2 tsp Yes Cookies 2 WZ Yes Fortified Beverage 8 oz Yes Fortified Beverage 8 oz Yes Fortified Beverage 8 oz Yes	2 tsp 8 oz 4 Pkts 8 oz Chili 10 oz	Margarine 2% Milk Sugar Substitute Coffee	8 oz 2 Pkts
2% Milk 8 oz Yes Coffec 8 oz Yes Coffec 8 oz 2% Milk Sugar Coffec 8 oz Yes Coffec 8 oz Ze% Milk Sugar Coffec Coffec Coffec 8 oz Zescarian Cheese Seasoned Rice 1 C Pasta 1 C Clear Fruit Juice 12 oz Steamed R Seasoned Cabbage 1/2 C Carrots 1/2 C FF Broth 8 oz Seasoned Cornbread (1/54) 1 Sl Yes Clear Gelatin 12 oz Cornbread Margarine 2 tsp Yes Cookies Fortified Beverage 8 oz Yes Fortified 8	8 oz 4 Pkts 8 oz Chili 10 oz	2% Milk Sugar Substitute Coffee	8 oz 2 Pkts
Sugar Coffee 8 oz Yes Sugar Coffee LUNCH Chili con Carne Seasoned Rice 1 C Seasoned Cabbage 1/2 C Cornbread (1/54) Margarine Cookies Fortified Beverage Sugar Coffee Sugar Coffee Coffee Sugar Coffee Coffee Sugar Coffee Clear Fruit Juice 12 oz Steamed R Colear Gelatin Clear Gelatin Clear Punch Clear Punch Sugar Coffee Cheese Steamed R Colear Gelatin Clear Punch Clear Punch Clear Punch Cookies Fortified B	4 Pkts 8 oz Chili 10 oz	Sugar Substitute Coffee	2 Pkts
Coffee 8 oz Yes Coffee LUNCH Chili con Carne 10 oz Ground 10 oz Cheese Seasoned Rice 1 C Pasta 1 C Clear Fruit Juice 12 oz Steamed R Seasoned Cabbage 1/2 C Carrots 1/2 C Cornbread (1/54) 1 Sl Yes Margarine 2 tsp Yes Cookies 2 WZ Yes Fortified Beverage 8 oz Yes Cortified Beverage 8 oz Yes Cortified Beverage Coffee	8 oz Chili 10 oz	Coffee	1
Chili con Carne Seasoned Rice 1 C Pasta 1 C Clear Fruit Juice 12 oz Steamed R Seasoned Cabbage 1/2 C Cornbread (1/54) 1 Sl Yes Margarine 2 tsp Yes Cookies Fortified Beverage 8 oz Yes Vegetarian Cheese 12 oz Steamed R Seasoned C Clear Fruit Juice 12 oz Steamed R Clear Gelatin 12 oz Margarine Cookies Fortified Beverage 8 oz Yes Vegetarian Cheese 12 oz Steamed R Clear Gelatin 12 oz Margarine Cookies Fortified Beverage			
Chili con Carne Seasoned Rice 1 C Seasoned Cabbage 1/2 C Cornbread (1/54) Margarine Cookies Fortified Beverage The seasoned Carne Seasoned Carne Seasoned Cabbage 1/2 C Carrots 1 C Clear Fruit Juice 12 oz Steamed R Seasoned Carnet Seasone		1	
Chili con Carne Seasoned Rice 1 C Seasoned Cabbage 1/2 C Cornbread (1/54) 1 Sl Margarine Cookies Fortified Beverage 10 oz Pasta 1 C Pasta 1 C Clear Fruit Juice 12 oz Steamed R FF Broth 12 oz Cornbread Clear Gelatin 12 oz Margarine Cookies Fortified Beverage 8 oz Yes Clear Punch 12 oz Margarine Cookies Fortified Beverage		•	
Seasoned Rice Seasoned Cabbage 1/2 C Cornbread (1/54) Margarine Cookies Fortified Beverage 1/2 C Pasta 1/2 C Pasta 1/2 C Pasta 1/2 C FF Broth Clear Fruit Juice 1/2 oz Steamed R Seasoned R		Levin e	
Seasoned Cabbage 1/2 C Carrots 1/2 C FF Broth 8 oz Seasoned Cornbread (1/54) 1 Sl Yes Clear Gelatin 12 oz Cornbread Margarine 2 tsp Yes Yes Fortified Beverage 8 oz Yes Fortified Beverage 8 oz Yes	3 oz	Chili con Carne	8 oz
Cornbread (1/54) Margarine Cookies Fortified Beverage 1 Sl Yes Yes Yes Clear Gelatin Clear Punch 12 oz Margarine Cookies Fortified Beverage Soz Yes Clear Punch 12 oz Margarine Cookies Fortified B		Seasoned Rice	1/2 C
Margarine 2 tsp Yes Clear Punch 12 oz Margarine Cookies 2 WZ Yes Cookies Fortified Beverage 8 oz Yes Fortified B		Unseasoned Cabbage	1 C
Cookies Fortified Beverage 8 oz Yes Cookies Fortified B		Bread	1 Sl
Fortified Beverage 8 oz Yes Fortified B		No	
	2 WZ	Fruit	1/2 C or 1 Ea
DINNER	everage 8 oz	Fortified Beverage	8 oz
		Chicken Patty	4 oz
Chicken Patty 4 oz Ground 4 oz Clear Fruit Juice 12 oz Checse	3 oz	No	4 02
Cream Gray)		Whipped Potatoes	1/2 C
		Mixed Vegetables	1/2 C
Mixed Vegetables 1/2 C Green Beans 1 C Clear Gelatin 12 oz Mixed Veg	•		1 C
Pinto Beans 1 C Mashed 1 C Non-Cola Carb Bev 12 oz Pinto Bean		Pinto Beans	
Cornbread (1/54) 1 Sl Yes Cornbread		Tossed Salad	1/2 C
Margarine 2 tsp Yes Margarine		Diet Salad Dressing	1 Tbsp
Cookies 2 WZ Yes Cookies	2 WZ	Fruit	1/2 C or 1 Ea
Fortified Beverage 8 oz Yes Fortified B	everage 8 oz	Fortified Beverage	8 oz
	i	HS Snac	<u> </u>
		Protein	1 oz
GWH		Bread	2 Slices
All fortified beverages are sweetened with artificial sweetener. All canned fruit must be canned in juice.		Milk:	8 oz

These menus are proprietary and intended solely for the use of GEO Group Facilities. Dissemination forwarding or copying of these menus is strictly prohibited.

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CYCLE 3 Signature on file / DN 005738 1-15-2021

CYCLE 3		Signature on fil	e / DN 0	05738		1-15-20			· · · · · · · · · · · · · · · · · · ·
WEDNESDAY	CORP. MA	NAGER FOOD SERVI	CE ME	NU SYSTEMS / DIE:	fitian/ri	EG-LICENSE NO.	APPRO	VAL DATE	4
REGULAR		DENTAL SOF	ľ	CLEAR LIQU	ДD	VEGETARIAN		DIET FOR HE	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
TI . C	1 C	Yes				Hot Cercal	1 C	Hot Cereal	1 C
Hot Cercal	l oz	Ground	2 oz	Clear Fruit Juice	12 oz	Cheese	3 oz	Breakfast Sausage	2 oz
Breakfast Sausage	3/4 C	Steamed Potatoes	3/4 C	FF Broth	8 oz	Hashbrown Potatoes	3/4 C	Hashbrown Potatoes	1/2 C
Hashbrown Potatoes	1	Bread	2 SI	Clear Gelatin	12 oz	Biscuit (1/54)	1 Ea	Biscuit (1/54)	1 Ea
Biscuit (1/54)	1 Ea		2 (3)	Sugar	3 Pkts	Margarine	2 tsp	No	
Margarine	2 tsp	Yes		Coffee	8 oz	2% Milk	8 oz	2% Milk	8 oz
2% Milk	8 oz	Yes		Сопее	0 02	Sugar	4 Pkts	Sugar Substitute	2 Pkts
Sugar	4 Pkts	Yes	ě				8 oz	Coffee	8 oz
Coffee	8 oz	Yes				Coffee	0 02	Collec	0.02
LUNCH					<u> </u>				
	1.77	<u></u>	1 Ea			Macaroni & Cheese	2 C	Baked Chicken	4 oz
BBQ Chicken Leg Qtr	1 Ea	Ground		Clear Fruit Juice	12 oz	Baked Beans	1 C	Pinto Beans	1 C
Baked Beans	1 C	Mashed	1 C		8 oz	Carrots	1/2 C	Carrots	1/2 C
Carrots	1/2 C	Yes	1 C	FF Broth	12 oz	Tossed Salad	1/2 C	Tossed Salad	1/2 C
Tossed Salad	1/2 C	No		Clear Gelatin	1	Salad Dressing	1 Tbsp	Diet Salad Dressing	1 Tbsp
Salad Dressing	1 Tbsp	No		Clear Punch	12 oz	•	1 Ea	Dinner Roll (2 oz)	1 Ea
Dinner Roll (2 oz)	1 Ea	Bread	2 SI			Dinner Roll (2 oz)		No	I Ea
Margarine	2 tsp	Yes			1	Margarine	2 tsp		1/2 C or 1 Ea
Iced Cake (1/54)	1 Ea	Yes				Iced Cake (1/54)	1 Ea	Fruit	
Fortified Beverage	8 oz	Yes				Fortified Beverage	8 oz	Fortified Beverage	8 oz
DINNER					1				
Turkey Hot Dog	2 Ea	Ground	2 Ea			Grilled Cheese Sandwich	1 Ea	Turkey Hot Dog	2 Ea
Hot Dog Bun	2 Ea	Bread	2 S1	Clear Fruit Juice	12 oz	Oven Brown Potatoes	lı c	No	
Mustard	1 Tbsp	Yes		FF Broth	8 oz	Baked Beans	1 C	Mustard	2 tsp
Oven Brown Potatoes	1 C	Steamed Potatoes	10	Clear Gelatin	12 oz	Coleslaw	1/2 C	Oven Brown Potatoes	1/2 C
	1 C	Mashed	ic	Non-Cola Carb Bev	12 oz	Iced Cake (1/54)	1 Ea	Pinto Beans	1 C
Baked Beans	1/2 C	Green Beans	1/2 C	Hon-Cola Caro Dev	12 02	Fortified Beverage	8 oz	Colesiaw	1/2 C
Coleslaw	1-/- ~		1 1/2 C			Torunea Beverage	15 02	Fruit	1/2 C or 1 Ea
Iced Cake (1/54)	1 Ea	Yes	l			**************************************		Fortified Beverage	8 oz
Fortified Beverage	8 oz	Yes						Portuged Develage	0 02
								HS Snac	k:
								Protein	1 oz
GWH								Bread	2 Slices
All fortified beverages are	sureetened with	artificial sweetener All c	anned fo	uit must be canned in ini	cc.			Milk:	8 oz
and a second correction of the second	and intended to	Jely for the use of GEO G	roun Fac	ilities. Dissemination for	warding or	copying of these menus is strictly p	rohibited.		

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CYCLE 3		Signature on fil	e / DN 0	05738		1-15-20			
THURSDAY	CORP. MA	NAGER FOOD SERVI	CE ME	NU SYSTEMS / DIE:	TITIAN/RI	EG-LICENSE NO.	APPRO	VAL DATE	
REGULAR		DENTAL SOFT CLEAR LIQUID				VEGETARIAN		DIET FOR HI	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Hot Cereal Breakfast Sausage Gravy Oven Brown Potatoes Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 8 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Yes Yes Steamed Potatoes Bread Yes Yes Yes	3/4 C 2 SI	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Hot Cereal Breakfast Gravy No Meat Oven Brown Potatoes Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 8 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Hot Cereal Breakfast Sausage Oven Brown Potatoes Biscuit (1/54) No 2% Milk Sugar Substitute Coffee	1 C 2 oz 1/2 C 1 Ea 8 oz 2 Pkts 8 oz
LUNCH							<u> </u>		
Charbroiled Patty Ketchup Shredded Lettuce Sliced Cheese BBQ Beans Spinach Bread Pudding Fortified Beverage	4 oz 1 Tbsp 1/4 C 1/2 oz 1 C 1/2 C 2 Sl 1/2 C 8 oz	Ground Yes Yes Shredded Cheese Mashed Green Beans Yes Yes Yes	4 oz 1/2 oz 1 C 1/2 C	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Cheese Ketchup Shredded Lettuce BBQ Beans Spinach Bread Pudding Fortified Beverage	3 1/2 oz 1 Tbsp 1/4 C 1 C 1/2 C 2 Sl 1/2 C 8 oz	Charbroiled Patty Ketchup Shredded Lettuce No Pinto Beans Spinach Bread Fruit Fortified Beverage	4 oz 1 tsp 1/4 C 1 C 1/2 C 2 SI 1/2 C or 1 Ea 8 oz
DINNER				1	<u> </u>			<u> </u>	
Country Patty Gravy Seasoned Rice Mixed Vegetables Dinner Roll (2 oz) Margarine Iced Cake (1/54) Fortified Beverage	4 oz 2 oz 1 C 1/2 C 1 Ea 2 tsp 1 Sl 8 oz	Ground Yes Steamed Potatoes Carrots Bread Yes Yes	4 oz 4 oz 1 C 1/2 C 2 Sl	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Northern Beans Steamed Rice Mixed Vegetables Dinner Roll (2 oz) Margarine Iced Cake (1/54) Fortified Beverage	1 1/2 C 1 C 1/2 C 1 Ea 2 tsp 1 Si 8 oz	Country Patty No Seasoned Rice Mixed Vegetables Dinner Roll (2 oz) No Fruit Fortified Beverage	4 oz 1/2 C 1 C 1 Ea 1/2 C or 1 Ea 8 oz
					<u> </u>			HS Sna	<u> </u>
GWH								Protein Bread	1 oz 2 Slices
171 C 1'C 31	weetened with	artificial sweetener. All c	anned fro	uit must be canned in jui	ce.			Milk:	8 oz

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CYCLE 3		Signature on fil	e / DN 0	05738		1-15-20			
FRIDAY	CORP. MA	NAGER FOOD SERVI		NU SYSTEMS / DIE	ritian/ri	EG-LICENSE NO.	APPRO	VAL DATE	
REGULA	R	DENTAL SOF	T	CLEAR LIQU	MD:	VEGETARIAN		DIET FOR H	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
		-				Dry Cereal	1 C	Dry Cereal	1 C
Dry Cereal	1 C	Yes			44	Scrambled Eggs	3 oz	Turkev Ham	2 oz
Turkey Ham	1 oz	Ground	2 oz	Clear Fruit Juice	12 oz	1	2 S1	Oven Brown Potatoes	1/2 C
French Toast	2 SI	Yes		FF Broth	8 oz	French Toast	2 oz	Bread	2 51
Syrup	2 oz	Yes	4 oz	Clear Gelatin	12 oz	Syrup	1		1 tsp
Margarine	2 tsp	Yes		Sugar	3 Pkts	Margarine	2 tsp	Margarine	i *
2% Milk	8 oz	Yes		Coffee	8 oz	2% Milk	8 oz	2% Milk	8 oz
Sugar	4 Pkts	Yes	į			Sugar	4 Pkts	Sugar Substitute	2 Pkts
Coffee	8 oz	Yes				Coffee	8 oz	Coffee Fruit	8 oz 1/2 C or 1 Ea
LUNCH									
LICITOR.									
Chicken Nuggets	4 oz	Ground	4 oz			Cheese	3 oz	Unbreaded Chicken	4 oz
Oven Brown Potatoes	1 C	Steamed Potatoes	1 C	Clear Fruit Juice	12 oz	Oven Brown Potatoes	1 C	Mustard	1 tsp
Green Beans	1/2 C	Yes		FF Broth	8 oz	Green Beans	1/2 C	Oven Brown Potatoes	1/2 C
Dinner Roll (2 oz)	1 Ea	Bread	2 SI	Clear Gelatin	12 oz	Dinner Roll (2 oz)	1 Ea	Green Beans	1 C
Margarine	2 tsp	Yes	1	Clear Punch	12 oz	Margarine	2 tsp	Dinner Roll (2 oz)	1 Ea
Cookies	2 WZ	Yes				Cookies	2 WZ	Margarine	1 tsp
Fortified Beverage	8 oz	Yes				Fortified Beverage	8 oz	Fruit	1/2 C or 1 Ea
Totther beverage	0 02							Fortified Beverage	8 oz
DINNER									
								Ground Turkey	4 oz
Chili Mac Casserole	10 oz	Yes				Vegetarian Chili Mac	10 oz	Macaroni	1/2 C
Pinto Beans	1 C	Mashed	1 C	Clear Fruit Juice	12 oz	Pinto Beans	1 C	Pinto Beans	1 C
Coleslaw	1/2 C	Carrots	1 C	FF Broth	8 oz	Coleslaw	1/2 C	Coleslaw	1/2 C
Tossed Salad	1/2 C	No.		Clear Gelatin	12 oz	Tossed Salad	1/2 C	Tossed Salad	1/2 C
Salad Dressing	1 Tbsp	No		Non-Cola Carb Bev	12 oz	Salad Dressing	1 Tbsp	Diet Salad Dressing	1 Tbsp
Dinner Roll (2 oz)	1 Ea	Bread	2 S1			Dinner Roll (2 oz)	1 Ea	Bread	1 SI
Margarine	2 tsp	Yes		1		Margarine	2 tsp	No	ł
Iced Cake (1/54)	1 SI	Yes				Iced Cake (1/54)	1 Sl	Fruit	1/2 C or 1 Ea
Fortified Beverage	8 oz	Yes				Fortified Beverage	8 oz	Fortified Beverage	8 oz
					<u> </u>		<u></u>	HS Snac	k:
								Protein	1 oz
GWH								Bread	2 Slices
All fortified beverages are	sweetened with	artificial sweetener. All c	anned fo	rit must be canned in in	ce.			Milk:	8 oz
THE SOLDISION OF LOWERS WE		TI C A CCEOC	77	Mid Discoule of or Co.		copying of these menus is strictly p	us bibited		

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CYCLE 3		Signature on file	/ DN 0	05738		1-15-20			27.
SATURDAY	CORP. MA	NAGER FOOD SERVI		NU SYSTEMS / DIE	FITIAN/RJ	EG-LICENSE NO.	APPRO	VAL DATE	
REGULAR		DENTAL SOFT	!	CLEAR LIQU	ЛD	VEGETARIAN		DIET FOR HE	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Hot Cereal Scrambled Eggs Hashbrown Potatoes Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 3 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Yes Yes Steamed Potatoes Bread Yes Yes Yes Yes	3/4 C 2 SI	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Hot Cereal Scrambled Eggs Hashbrown Potatoes Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 3 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Hot Cereal Scrambled Eggs Hashbrown Potatoes Biscuit (1/54) No 2% Milk Sugar Substitute Coffee	1 C 3 oz 1/2 C 1 Ea 8 oz 2 Pkts 8 oz
LUNCH					<u> </u>				
Sliced Turkey Sliced Cheese Bread Mustard Potato Chips Fresh Carrots Tossed Salad Salad Dressing Cookies Fortified Beverage	4 oz 1/2 oz 2 Sl 1 tsp 1 oz 1/2 C 1/2 C 1 Tbsp 2 WZ 8 oz	Ground Shredded Cheese Yes Yes Steamed Potatoes Cooked Carrots No No Yes Yes	4 oz 1/2 oz 1 C 1 C	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Sliced Cheese Bread Mustard Potato Chips Fresh Carrots Tossed Salad Salad Dressing Cookies Fortified Beverage	3 1/2 oz 2 Sl 1 tsp 1 oz 1/2 C 1/2 C 1 Tbsp 2 WZ 8 oz	Sliced Turkey No Bread Mustard Bean Salad Fresh Carrots Tossed Salad Diet Salad Dressing Fruit Fortified Beverage	4 oz 2 Sl 1 tsp 1/2 C 1/2 C 1/2 C 1 Tbsp 1/2 C or 1 Es 8 oz
DINNER Breaded Chicken Patty Cream Gravy Whipped Potatoes Peas & Carrots Dinner Roll (2 oz) Margarine Cookies Fortified Beverage	4 oz 2 oz 1 C 1/2 C 1 Ea 2 tsp 2 WZ 8 oz	Ground Yes Yes Carrots Bread Yes Yes	4 oz 1/2 C 2 Sl	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Macaroni & Cheese Whipped Potatoes Peas & Carrots Dinner Roll (2 oz) Margarine Cookies Fortified Beverage	2 C 1 C 1/2 C 1 Ea 2 tsp 2 WZ 8 oz	Breaded Chicken Patty No Whipped Potatoes Peas & Carrots Dinner Roll (2 oz) No Fruit Fortified Beverage	4 oz 1/2 C 1 C 1 Ea 1/2 C or 1 Ea 8 oz
							1	HS Snac	
GWH All fortified beverages are s These menus are proprietary	weetened with	artificial sweetener. All ca lely for the use of GEO Gr	nned fr	uit must be canned in jui	cc. warding or	copying of these menus is strictly p	rohibited.	Protein Bread Milk:	1 oz 2 Slices 8 oz

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CYCLE 3		Signature on fil				1-15-20			
SUNDAY	CORP. MA	NAGER FOOD SERVI	CE ME	NU SYSTEMS / DIE	TITIAN/RI	EG-LICENSE NO.	APPRO	VAL DATE	
REGULAR		DENTAL SOF		CLEAR LIQU	JID OIL	VEGETARIAN		DIET FOR HEA	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Dry Cereal Turkey Ham Cottage Fries Coffeecake (1/54) Margarine 2% Milk Sugar Coffee	1 C 1 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Yes Ground Steamed Potatoes Yes Yes Yes Yes Yes		Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Dry Cereal Scrambled Eggs Cottage Fries Coffeecake (1/54) Margarine 2% Milk Sugar Coffee	1 C 3 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Dry Cereal Turkey Ham Cottage Fries Bread Margarine 2% Milk Sugar Substitute Coffee	1 C 2 oz 1/2 C 2 Sl 1 tsp 8 oz 2 Pkts 8 oz
LUNCH	<u> </u>						<u> </u>		
Sloppy Joe Baked Beans Cottage Fries Seasoned Green Beans Bread Cookies Fortified Beverage	4 oz 1 C 1 C 1/2 C 2 SI 2 WZ 8 oz	Yes Mashed Steamed Potatoes Yes Yes Yes Yes	1 C 1 C	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Grilled Cheese Sandwich Baked Beans Cottage Fries Seasoned Green Beans Bread Cookies Fortified Beverage	1 Ea 1 C 1 C 1/2 C 2 SI 2 WZ 8 oz	Sloppy Joe Pinto Beans Cottage Fries Unseasoned Green Beans Bread Fruit Fortified Beverage	4 oz 1 C 1/2 C 1 C 1 SI 1/2 C or 1 Ea 8 oz
DINNER									
Spaghetti w/Meat Sauce Mixed Vegetables Northern Beans Garlic Toast Iced Cake (1/54) Fortified Beverage	10 oz 1/2 C 1 C 2 SI 1 SI 8 oz	Yes Green Beans Mashed Bread Yes Yes Margarine	1 C 1 C 2 Sl 1 Tbsp	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Spaghetti w/No Meat Sauce Mixed Vegetables Northern Beans Garlic Toast Iced Cake (1/54) Fortified Beverage	10 oz 1/2 C 1 C 2 Sl 1 Sl 8 oz	Ground Turkey Spaghetti w/ Meat Sauce Mixed Vegetables Northern Beans Tossed Salad Diet Salad Dressing No Fruit Fortified Beverage	3 oz 8 oz 1/2 C 1 C 1/2 C 1 Tbsp 1/2 C or 1 Ea 8 oz
					<u> </u>		<u></u>	HS Snack:	
GWH All fortified beverages are sy	vectened with a	artificial sweetener. All co	uned fro	rit must be canned in jui	ce.	copying of these menus is strictly p	-aLibi7	Protein Bread Milk:	1 oz 2 Slices 8 oz



CYCLE 4 Signature on file / DN 005738 1-15-2021

CYCLE 4		Signature on	i tue / Div u	JUD / 38	M/DEC I		APPROVA	I. DATE	
MONDAY		GER FOOD SERVICE		XSTEMS / DIETITIA	IIIO	VEGETARIA		DIET FOR H	EALTH
REGULA		DENTAL SO		CLEAR LIQU		VEGETARGA	Portion	DISTORIE	Portion
BREAKFAST	Portion		Portion	<u> </u>	Portion		Portion		10000
Hot Cereal Turkey Ham Hashbrown Potatoes Sliced Bread Margarine & Milk Sugar Coffee	1 C 1 oz 3/4 C 2 Sl 2 tsp 8 oz 4 Pkts 8 oz	Yes Ground Steamed Potatocs Yes Yes Yes Yes	2 oz 3/4 C	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Hot Cereal Cheese Hashbrown Potatoes Sliced Bread Margarine 2% Milk Sugar Coffee	1 C 3 oz 3/4 C 2 Sl 2 tsp 8 oz 4 Pkts 8 oz	Hot Cereal Turkey Ham Hashbrown Potatoes Bread Margarine 2% Milk Sugar Substitute Coffee	1 C 2 oz 1/2 C 2 Sl 1 tsp 8 oz 2 Pkts 8 oz
LUNCH			<u> </u>						
Charbroiled Patty Ketchup BBQ Beans Cottage Fries Seasoned Cabbage Bread Iced Cake (1/54) Fortified Beverage	4 oz 1 Tbsp 1 C 3/4 C 1/2 C 2 Sl 1 Sl 8 oz	Ground Yes Mashed Steamed Potatoes Green Beans Yes Yes Yes	4 oz 1 C 3/4 C 1 C	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Cheese Ketchup BBQ Beans Cottage Fries Seasoned Cabbage Bread Iced Cake (1/54) Fortified Beverage	3 oz 1 Tbsp 1 C 3/4 C 1/2 C 2 Sl 1 Sl 8 oz	Charbroiled Patty Ketchup Pinto Beans Cottage Fries Unseasoned Cabbage Tossed Salad Diet Salad Dressing Bread Fruit Fortified Beverage	4 oz 1 Tbsp 1 C 1/2 C 1/2 C 1/2 C 1 Tbsp 1 Sl 1/2 C or 1 Ea 8 oz
DINNER									
Chili Mac Casserole 10 oz Ground 10 o	10 oz 1 C	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Vegetarian Chili Mac Seasoned Corn Tossed Salad Salad Dressing Bread Margarine Iced Cake (1/54) Fortified Beverage	10 oz 1/2 C 1/2 C 1 Tbsp 2 Sl 2 tsp 1 Sl 8 oz	Chili Mac Casserole Unseasoned Corn Tossed Salad Diet Salad Dressing Bread No Fruit Fortified Beverage	10 oz 1/2 C 1/2 C 1 Tbsp 2 Sl 1/2 C or 1 Ea 8 oz		
								HS Sna	ck:
GWH All fortified beverages are	sweetened with arti	ficial sweetener. All cann	ned fruit mu	st be canned in juice. Dissemination forwarding	ug or copvin	g of these menus is strictly proh	nibited.	Protein Bread Milk:	1 oz 2 Slices 8 oz

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CLE 4 Signature on file / DN 005738

CYCLE 4		Signature o						AL AND VALUE AND A STATE OF THE PARTY OF THE	
ΓUESDAY	CORP. MANA			YSTEMS / DIETITIA	N/REG-LI	CENSE NO.	APPROVA	DIET FOR HEA	r Tres
REGULA	AR .	DENTAL SO	FT	CLEAR LIQU		VEGETARIAN		DIET FOR BEA	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Hot Cereal Breakfast Sausage	1 C 2 oz	Yes Ground	2 oz	Clear Fruit Juice	12 oz 8 oz	Hot Cereal Scrambled Eggs Pancake	1 C 3 oz 4 WZ	Hot Cereal Breakfast Sausage Pancakes	1 C 2 oz 4 WZ
Pancake	4 WZ	Yes	1 ,	FF Broth			2 oz	Diet Syrup	2 02
Syrup	2 oz	Yes	4 0Z	Clear Gelatin	12 oz 3 Pkts	Syrup Margarine	2 tsp	Margarine	1 tsp
Margarine	2 tsp	Yes	1	Sugar	I -	2% Milk	8 oz	2% Milk	8 oz
2% Milk	8 oz	Yes		Coffee	8 oz		4 Pkts	Sugar Substitute	2 Pkts
Sugar	4 Pkts	Yes	ļ	ì		Sugar	8 oz	Coffee	8 oz
Coffee	8 oz	Yes				Coffee	O UZ	Conce	
LUNCH					<u> </u>			<u> </u>	
Country Stew	10 oz	Ground	10 oz			Pinto Beans	1 1/2 C	Country Stew	10 oz
Steamed Rice	1/2 C	Pasta	1/2 C	Clear Fruit Juice	12 oz	Steamed Rice	1/2 €	Steamed Rice	1/2 C
Mixed Vegetables	1/2 C	Carrets	1/2 C	FF Broth	8 oz	Mixed Vegetables	1/2 C	Mixed Vegetables	1/2 C
Pinto Beans	1 C	Mashed	1 C	Clear Gelatin	12 oz	Cornbread (1/54)	1 SI	Pinto Beans	1 C
Cornbread (1/54)	1 SI	Yes		Clear Punch	12 oz	Margarine	2 tsp	No	ŀ
Margarine	2 tsp	Yes	1		İ	Cookies	2 WZ	Margarine	1 tsp
Cookies	2 WZ	Yes	ĺ			Fortified Beverage	8 oz	Fruit	1/2 C or 1 E
Fortified Beverage	8 oz	Yes						Fortified Beverage	8 oz
DINNER			<u></u>					William Co.	
		T			T	1			
	I or	Ground	4 07					Meatloaf Patty	4 oz
	4 oz	Ground Vac	4 oz	Clear Prait Inico	12.07	Grilled Cheese Sandwich	1 Ea	Meatioaf Patty No	4 oz
Brown Gravy	2 oz	Yes	4 oz 4 oz	Clear Fruit Juice	12 oz	Grilled Cheese Sandwich	1 Ea 1 C	1	4 oz 1/2 C
Brown Gravy Mashed Potatoes	2 oz 1 C	Yes Yes		FF Broth	8 oz	Mashed Potatoes	1 C	No	
Brown Gravy Mashed Potatoes Seasoned Green Beans	2 oz 1 C 1/2 C	Yes Yes Yes	4 oz	FF Broth Clear Gelatin	8 oz 12 oz	Mashed Potatoes Scasoned Green Beans	1	No Mashed Potatoes	1/2 C
Brown Gravy Mashed Potatoes Seasoned Green Beans Dinner Roll (2 oz)	2 oz 1 C 1/2 C 1 Ea	Yes Yes Yes Bread		FF Broth	8 oz	Mashed Potatoes Scasoned Green Beans Dinner Roll (2 oz)	1 C 1/2 C 1 Ea	No Mashed Potatoes Unseasoned Green Beans Bread	1/2 C 1 C
Brown Gravy Mashed Potatoes Seasoned Green Beans Dinner Roll (2 oz) Margarine	2 oz 1 C 1/2 C 1 Ea 2 tsp	Yes Yes Yes Bread Yes	4 oz	FF Broth Clear Gelatin	8 oz 12 oz	Mashed Potatoes Scasoned Green Beans Dinner Roll (2 oz) Margarine	1 C 1/2 C 1 Ea 2 tsp	No Mashed Potatoes Unseasoned Green Beans Bread Margarine	1/2 C 1 C 2 SI 1 tsp
Brown Gravy Mashed Potatoes Seasoned Green Beans Dinner Roll (2 oz) Margarine Iced Cake (1/54)	2 oz 1 C 1/2 C 1 Ea 2 tsp 1 Sl	Yes Yes Yes Bread Yes Yes	4 oz	FF Broth Clear Gelatin	8 oz 12 oz	Mashed Potatoes Seasoned Green Beans Dinner Roll (2 oz) Margarine Iced Cake (1/54)	1 C 1/2 C 1 Ea 2 tsp 1 Sl	No Mashed Potatoes Unseasoned Green Beans Bread Margarine Fruit	1/2 C 1 C 2 SI 1 tsp 1/2 C or 1 E
Brown Gravy Mashed Potatoes Seasoned Green Beans Dinner Roll (2 oz) Margarine Iced Cake (1/54)	2 oz 1 C 1/2 C 1 Ea 2 tsp	Yes Yes Yes Bread Yes	4 oz	FF Broth Clear Gelatin	8 oz 12 oz	Mashed Potatoes Scasoned Green Beans Dinner Roll (2 oz) Margarine	1 C 1/2 C 1 Ea 2 tsp	No Mashed Potatoes Unseasoned Green Beans Bread Margarine	1/2 C 1 C 2 SI 1 tsp
Brown Gravy Mashed Potatoes Seasoned Green Beans Dinner Roll (2 oz) Margarine Iced Cake (1/54)	2 oz 1 C 1/2 C 1 Ea 2 tsp 1 Sl	Yes Yes Yes Bread Yes Yes	4 oz	FF Broth Clear Gelatin	8 oz 12 oz	Mashed Potatoes Seasoned Green Beans Dinner Roll (2 oz) Margarine Iced Cake (1/54)	1 C 1/2 C 1 Ea 2 tsp 1 Sl	No Mashed Potatoes Unseasoned Green Beans Bread Margarine Fruit Fortified Beverage HS Snack	1/2 C 1 C 2 SI 1 tsp 1/2 C or 1 E 8 oz
Brown Gravy Mashed Potatoes Seasoned Green Beans Dinner Roll (2 oz) Margarine Iced Cake (1/54)	2 oz 1 C 1/2 C 1 Ea 2 tsp 1 Sl	Yes Yes Yes Bread Yes Yes	4 oz	FF Broth Clear Gelatin	8 oz 12 oz	Mashed Potatoes Seasoned Green Beans Dinner Roll (2 oz) Margarine Iced Cake (1/54)	1 C 1/2 C 1 Ea 2 tsp 1 Sl	No Mashed Potatoes Unseasoned Green Beans Bread Margarine Fruit Fortified Beverage HS Snack:	1/2 C 1 C 2 SI 1 tsp 1/2 C or 1 E 8 oz
Meatloaf Patty Brown Gravy Mashed Potatoes Seasoned Green Beans Dinner Roll (2 oz) Margarine Iced Cake (1/54) Fortified Beverage	2 oz 1 C 1/2 C 1 Ea 2 tsp 1 Sl	Yes Yes Yes Bread Yes Yes	4 oz	FF Broth Clear Gelatin	8 oz 12 oz	Mashed Potatoes Seasoned Green Beans Dinner Roll (2 oz) Margarine Iced Cake (1/54)	1 C 1/2 C 1 Ea 2 tsp 1 Sl	No Mashed Potatoes Unseasoned Green Beans Bread Margarine Fruit Fortified Beverage HS Snack	1/2 C 1 C 2 Si 1 tsp 1/2 C or 1 E

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CYCLE 4		Signature o	n file / DN (005738		1-15-20			* *
WEDNESDAY	CORP. MANA	GER FOOD SERVIC		YSTEMS / DIETITLA	N/REG-LI	CENSE NO.	APPROVA		······································
REGULAR		DENTAL SO	FT	CLEAR LIQU		VEGETARIAN	7	DIET FOR HE.	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Hot Cereal Breakfast Sausage Gravy Cottage Fries Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 8 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Yes Yes Steamed Potatoes Bread Margarine Yes Yes Yes	3/4 C 2 Sl 1 Tbsp	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Hot Cereal Breakfast Gravy No Meat Cottage Fries Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 8 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Hot Cereal Breakfast Sausage Cottage Fries Biscuit (1/54) Margarine 2% Milk Sugar Substitute Coffee Fruit	1 C 2 oz 1/2 C 1 Ea 1 tsp 8 oz 2 Pkts 8 oz 1/2 C or 1 Ez
LUNCH									
Country Patty Cream Gravy Rice Seasoned Cabbage Dinner Roll (2 oz) Margarine Cookies Fortified Beverage	4 oz 2 oz 1 C 1/2 C 1 Ea 2 tsp 2 WZ 8 oz	Ground Yes Steamed Potatoes Green Beans Bread Yes Yes Yes	4 oz 4 oz 1 C 1/2 C 2 SI	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Pinto Beans Rice Seasoned Cabbage Dinner Roll (2 oz) Margarine Cookies Fortified Beverage	1 1/2 C 1 C 1/2 C 1 Ea 2 tsp 2 WZ 8 oz	Country Patty No Rice Unseasoned Cabbage Dinner Roll (2 oz) Margarine Fruit Fortified Beverage	4 oz 1/2 C 1 C 1 Ea 1 tsp 1/2 C or 1 Ea 8 oz
DINNER									3 oz
Spaghetti w/ Meat Sauce 10 oz Carrots 1/2 C Northern Beans 1 C Garlic Toast 2 SI Iced Cake (1/54) 1 SI Fortified Beverage 8 oz	Yes Yes Mashed Bread Yes Yes Margarine	1 C 1 C 2 Sl	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Spaghetti w/ No Meat Sauce Carrots Northern Beans Garlic Toast Iced Cake (1/54) Fortified Beverage	10 oz 1/2 C 1 C 2 Si 1 Sl 8 oz	Ground Turkey Spaghetti w/ Meat Sauce Carrots Northern Beans Tossed Salad Diet Salad Dressing Fruit Fortified Beverage Margarine	3 02 8 02 1/2 C 1 C 1/2 C 1 Tbsp 1/2 C or 1 E2 8 02 1 tsp	
								HS Snack	:
GWH All fortified beverages are sw	veetened with arti	ficial sweetener. All can	red fruit mus	st be canned in juice.	g or conde	of these menus is strictly prohibit	ed.	Protein Bread Milk:	1 oz 2 Slices 8 oz

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CYCLE 4		Signature o					5-2021		®
THURSDAY	CORP. MANA	GER FOOD SERVIC	E MENU S				APPROVA		
REGULA	R	DENTAL SO	FT	CLEAR LIQ		VEGETARI		DIET FOR H	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Tr. A. Command	1 C	Yes				Hot Cereal	1 C	Hot Cereal	1 C
Hot Cereal	2 oz	Ground	2 oz	Clear Fruit Juice	12 oz	Scrambled Eggs	3 oz	Turkev Ham	2 oz
Turkey Ham	3/4 C	Steamed Potatoes	3/4 C	FF Broth	8 oz	Cottage Potatoes	3/4 C	Cottage Fries	1/2 C
Cottage Potatocs	1	Yes	3/40	Clear Gelatin	12 oz	Coffeecake (1/54)	1 SI	Bread	2 S1
Coffeecake (1/54)	1 SI	Yes		Sugar	3 Pkts	Margarine	2 tsp	No	T ~ ``
Margarine	2 tsp	Yes		Coffee	8 oz	2% Milk	8 oz	2% Milk	8 oz
2% Milk	8 oz	Yes	1	Conce	0 02	Sugar	4 Pkts	Sugar Substitute	2 Pkts
Sugar	4 Pkts				:	Coffee	8 oz	Coffee	8 oz
Coffee	8 oz	Yes				Conte		Conce	10 02
LUNCH									
Chili con Carne	10 oz	Ground	10 oz			Vegetarian Chili	10 oz	Chili con Carne	8 oz
Seasoned Rice	1 C	Pasta	1 C	Clear Fruit Juice	12 oz	Steamed Rice	1 C	Seasoned Rice	1/2 C
Colesiaw	1/2 C	Carrots		FF Broth	8 oz	Coleslaw	1/2 C	Cabbage	1/2 C
Cornbread (1/54)	11 SI	Yes		Clear Gelatin	12 oz	Cornbread (1/54)	1 SI	Bread	2 SI
Margarine	2 tsp	Yes		Clear Punch	12 oz	Margarine	2 tsp	No	- 1
Pudding	1/2 C	Yes				Pudding	1/2 C	Fruit	1/2 C or 1 E
Fortified Beverage	8 oz	Yes				Fortified Beverage	8 oz	Fortified Beverage	8 oz
DINNER									
									4
Breaded Chicken Patty	4 oz	Ground	4 oz					Breaded Chicken Patty	4 oz
Salad Dressing, Mayo	1 Tbsp	Yes		Clear Fruit Juice	12 oz	Cheese	3 oz	Mustard	1 tsp
Pinto Beans	1 C	Mashed	1 C	FF Broth	8 oz	Pinto Beaus	1 C	Pinto Beans	1 C
Spinach	1/2 C	Green Beans	1 C	Clear Gelatin	12 oz	Spinach	1/2 C	Spinach	1/2 C
Tossed Salad	1/2 C	No		Non-Cola Carb Bev	12 oz	Tossed Salad	1/2 C	Tossed Salad	1/2 C
Salad Dressing	1 Tbsp	No				Salad Dressing	1 Tbsp	Diet Salad Dressing	1 Tbsp
Bread	2 S1	Yes				Bread	2 S1	Bread	2 SI
Margarine	2 tsp	Yes				Margarine	2 tsp	No	l
Cookies	2 WZ	Yes				Cookies	2 WZ	Fruit	1/2 C or 1 E
Fortified Beverage	8 oz	Yes				Fortified Beverage	8 oz	Fortified Beverage	8 oz
			.1					HS Snac	k:
								Protein	1 oz
GWH								Bread	2 Slices
All factified becomes are a	weetened with artif	ficial sweetener. All cam	ed fruit mu	at he canned in inice				Milk:	8 oz

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FRIDAY	CORP. MANA	GER FOOD SERVICE	MENUS	YSTEMS / DIETITIA	N/REG-L	ICENSE NO.	APPROVA		
REGULAR		DENTAL SOI	FT	CLEAR LIQU	ЛЪ	VEGETARIAN		DIET FOR HI	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Dry Cercal Breakfast Sausage Gravy Cottage Frics Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 8 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Yes Yes Steamed Potatoes Bread Yes Yes Yes Yes	3/4 C 2 Sì	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Dry Cereal Breakfast Gravy No Meat Cottage Fries Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 8 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Dry Cereal Breakfast Sausage Cottage Fries Biscuit (1/54) Margarine 2% Milk Sugar Substitute Coffee	1 C 2 oz 1/2 C 1 Ea 1 tsp 8 oz 2 Pkts 8 oz
LUNCH	<u> </u>								
Charbroiled Patty Brown Gravy Mashed Potatoes Mixed Vegetables Dinner Roll (2 oz) Margarine Iced Cake (1/54) Fortified Beverage	4 oz 2 oz 1 C 1/2 C 1 Ea 2 tsp 1 Sl 8 oz	Ground Yes Yes Carrots Bread Yes Yes	4 oz 4 oz 1/2 C 2 Si	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Grilled Cheese Sandwich Mashed Potatoes Mixed Vegetables Dinner Roll (2 oz) Margarine Iced Cake (1/54) Fortified Beverage	1 Ea 1 C 1/2 C 1 Ea 2 tsp 1 SI 8 oz	Charbroiled Patty No Mashed Potatoes Mixed Vegetables Dinner Roll (2 oz) Margarine Fruit Fortified Beverage	4 oz 1/2 C 1 C 1 Ea 1 tsp 1/2 C or 1 Ea 8 oz
DINNER									
Turkey Hot Dog Hot Dog Bun Mustard Rice Northern Beans Seasoned Cabbage Cookies Fortified Beverage	2 Ea 2 Ea 1 Tbsp 3/4 C 1 C 1/2 C 2 WZ 8 oz	Ground Bread Yes Pasta Mashed Green Beans Yes Yes	2 SI 3/4 C 1 C 1/2 C	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Northern Beans Rice Seasoned Cabbage Bread Margarine Cookies Fortified Beverage	1 1/2 C 1 C 1/2 C 2 SI 2 tsp 2 WZ 8 oz	Turkey Hot Dog Rice Northern Beans Unseasoned Cabbage Mustard No Fruit Fortified Beverage	2 Ea 1/2 C 1 C 1/2 C 2 tsp 1/2 C or 1 Ea 8 oz
								HS Snac	:k: 1 oz
GWH All fortified beverages are sv	veetened with artif	ficial sweetener. All cann	ed fruit mu	st be canned in juice.		s of these menus is strictly prohibite		Bread Milk:	2 Slices 8 oz

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YCLE 4 Signature on file / DN 005738

CYCLE 4		Signature 01				1-15-2			
SATURDAY	CORP. MANA	GER FOOD SERVICE		YSTEMS / DIETITIA	N/REG-LI	CENSE NO.	APPROVA		
	REGULAR DEN		DENTAL SOFT CLEAR LIQUID			VEGETARIAN		DIET FOR HEALTH	
BREAKFAST	Portion		Portion		Portion		Portion		Portion
Hot Cereal Scrambled Eggs Hashbrown Potatoes Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 3 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Yes Yes Steamed Potatoes Bread Yes Yes Yes	3/4 C 2 SI	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Hot Cereal Scrambled Eggs Hashbrown Potatoes Biscuit (1/54) Margarine 2% Milk Sugar Coffee	1 C 3 oz 3/4 C 1 Ea 2 tsp 8 oz 4 Pkts 8 oz	Hot Cereal Scrambled Eggs Hashbrown Potatoes Biscuit (1/54) Margarine 2% Milk Sugar Substitute Coffee Fruit	1 C 3 oz 1/2 C 1 Ea 1 tsp 8 oz 2 Pkts 8 oz 1/2 C or 1 Ea
LUNCH									
Turkey Bologna Sliced Cheese Bread Mustard Potato Chips Fresh Sweet Peppers Tossed Salad Salad Dressing Cookie Fortified Beverage	4 oz 1/2 oz 2 Sl 1 tsp 1 oz 1/2 C 1/2 C 1 Tbsp 2 WZ 8 oz	Ground Shredded Yes Yes Steamed Potatoes Cooked Carrots No No Yes Yes	4 oz 1/2 oz 1 C 1 C	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Sliced Cheese Bread Mustard Potato Chips Fresh Sweet Peppers Tossed Salad Salad Dressing Cookie Fortified Beverage	3 1/2 oz 2 Sl 1 tsp 1 oz 1/2 C 1/2 C 1 Tbsp 2 WZ 8 oz	Turkey Bologna No Bread No Noodles Fresh Sweet Peppers Tossed Salad Dict Salad Dressing Fruit Fortified Beverage	4 oz 2 Sl 1/2 C 1/2 C 1/2 C 1 Tbsp 1/2 C or 1 Ea 8 oz
DINNER			·		1				
Country Patty Cream Gravy Parsley Noodles Spinach Bread Margarine Iced Cake (1/54) Fortified Beverage	4 oz 2 oz 1 C 1/2 C 2 Sl 2 tsp 1 Sl 8 oz	Ground Yes Yes Green Beans Yes Yes Yes Yes	4 oz 4 oz 1/2 C	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Pinto Beans Parsley Noodles Spinach Bread Margarine Iced Cake (1/54) Fortified Beverage	1 1/2 C 1 C 1/2 C 2 Si 2 tsp 1 Si 8 oz	Ground Turkey No Parsley Noodles Spinach Bread Margarine Fruit Fortified Beverage	4 oz 1/2 C 1/2 C 2 Sl 1 tsp 1/2 C or 1 Ea 8 oz
								HS Sna	ok.
								Protein 115 5112	1 oz
GWH All fortified beverages are	sweetened with arti	ficial sweetener. All cann	ed fruit mu	st be canned in juice.		of these menus is strictly prohibi		Bread Milk:	2 Slices 8 oz

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CYCLE 4 Signature on file / DN 005738 SUNDAY CORP. MANAGER FOOD SERVICE MENU SYSTEMS / DIETITIAN/REG-LIC					1-15-2021 CENSE NO. APPROVAL DATE				
					ICENSE NO. APPROVA VEGETARIAN		AL DATE DIET FOR HEALTH		
REGULA		DENTAL SO		CLEAR LIQU		VEGETARIA		DIEI FOR HE.	Portion
BREAKFAST	Portion		Portion		Portion		Portion		* GA CAOAA
Ory Cereal Breakfast Sausage French Toast Syrup Margarine 2% Milk Sugar Coffee	1 C 2 oz 2 SI 2 oz 2 tsp 8 oz 4 Pkts 8 oz	Yes Ground Yes Yes Yes Yes Yes	2 oz 4 oz	Clear Fruit Juice FF Broth Clear Gelatin Sugar Coffee	12 oz 8 oz 12 oz 3 Pkts 8 oz	Dry Cereal Scrambled Eggs French Toast Syrup Margarine 2% Milk Sugar Coffee	1 C 3 oz 2 Sl 2 oz 2 tsp 8 oz 4 Pkts 8 oz	Dry Cereal Breakfast Sausage Cottage Fries Bread Margarine 2% Milk Sugar Substitute Coffee	1 C 2 oz 1/2 C 2 Sl 1 tsp 8 oz 2 Pkts 8 oz
LUNCH						<u> </u>		Ground Turkey	4 oz
Meat, Mac & Cheese Seasoned Green Beans Pinto Beans Biscuit (1/54) Margarine Iced Cake (1/54) Fortified Beverage	10 oz 1/2 C 1 C 1 Ea 2 tsp 1 Sl 8 oz	Yes Yes Mashed Bread Yes Yes	1 C 2 SI	Clear Fruit Juice FF Broth Clear Gelatin Clear Punch	12 oz 8 oz 12 oz 12 oz	Macaroni & Cheese Scasoned Green Beans Pinto Beans Biscuit (1/54) Margarine Iced Cake (1/54) Fortified Beverage	2 C 1/2 C 1 C 1 Ea 2 tsp 1 Sl 8 oz	Macaroni Unseasoned Green Beans Pinto Beans Margarine Fruit Fortified Beverage	1/2 C 1/2 C 1 C 1 tsp 1/2 C or 1 E: 8 oz
DINNER									
Salisbury Steak Gravy Rice Pilaf Carrots Dinner Roll (2 oz) Margarine Cookies Fortified Beverage	4 oz 2 oz 1 C 1/2 C 1 Ea 2 tsp 2 WZ 8 oz	Ground Yes Pasta Yes Bread Yes Yes Yes	4 oz 4 oz 1 C 2 Sl	Clear Fruit Juice FF Broth Clear Gelatin Non-Cola Carb Bev	12 oz 8 oz 12 oz 12 oz	Red Beans Rice Pilaf Carrots Dinner Roll (2 oz) Margarine Cookies Fortified Beverage	1 1/2 C 1 C 1/2 C 1 Ea 2 tsp 2 WZ 8 oz	Salisbury Steak Beans Rice Pilaf Carrots Dinner Roll (2 oz) No Fruit Fortified Beverage	4 oz 1 C 1/2 C 1/2 C 1 Ea 1/2 C or 1 E: 8 oz
								HS Snack	
GWH All fortified beverages are s	sweetened with artific	ial sweetener. All can	ned fruit mu	st be canned in juice.		ç of these menus is strictly prohi	ALL CONTRACTOR CONTRAC	Protein Bread Milk:	1 oz 2 Slices 8 oz